

YOSHITAKA (Yoshi) IWASAKI, Ph.D.**Full Professor (Tenured) and Department Chair**

Department of Public Health and Recreation (PHR)

College of Health and Human Sciences (CHHS)

San Jose State University (SJSU)

Spartan Complex (SPX) 202, One Washington Square

San Jose, CA 95192-0052

Office Phone: (408) 924-1318; Email: yoshitaka.iwasaki@sjsu.edu

DEGREE HELD

- 1998 Ph.D. in Applied Health Sciences, [Faculty of Health](#), Department of Recreation and Leisure Studies, [University of Waterloo](#), Ontario, Canada
Dissertation: Leisure and Stress-Coping: Reconceptualizations and Analyses
- 1995 M.A. in Applied Health Sciences, Faculty of Health, Department of Recreation and Leisure Studies, University of Waterloo, Ontario, Canada
Thesis: The Intrinsic Leisure Motivation Personality Disposition (ILMPD) and Intrinsic Satisfaction: Moderator and Mediator Analyses
- 1993 B.S., School of Public Health (formally, College of Health and Human Performance), Department of Recreation, [University of Maryland, College Park](#), Maryland
Graduation with 4.0 (Straight A) Cumulative GPA
- 1991 A.A., Tennis and Sports Management, Technical College of the Lowcountry, Hilton Head Island, South Carolina

EMPLOYMENT EXPERIENCE

Full Professor and Department Chair (August 15, 2018 – Present); Department of Public Health and Recreation (PHR), [College of Health and Human Sciences](#) (CHHS), [San Jose State University](#) (SJSU), California, USA

Responsibilities: As the Department's Chief Academic and Administrative Officer, I lead, oversee, and support to develop and sustain a coherent, integrative system of all operations within the Department strategically. Specifically, I am responsible for leading and facilitating:

- Department-wide strategic planning (e.g., vision, mission, goals), priority-setting, and action implementation;
- Curriculum and program development and assessments to ensure the quality, relevance, rigor, and excellence of campus and online programs (graduate & undergraduate) in line with accreditation and industry standards;
- Faculty and staff hiring, teaching and other assignments, and course scheduling;
- Faculty mentoring, evaluations, and support to promote faculty success at various stages of their academic careers for both tenured/tenure-track faculty and lecturers (full and part-time);
- Department and program reviews and accreditation practices;
- Student recruitment, admission, advisement, mentorship, retention, and graduation through collaborating with College and University Student Success Centers and Units (e.g., Career Center, eCampus) within the scope of California State University (CSU) [Graduation Initiative 2025](#),¹
- Planning and execution of department events (e.g., story-sharing showcase events, student welcome events, graduation celebrations, career explorations events, alumni/donor appreciation events);
- Management of department budgets/resources, enrollments, and facilities;
- Outreach with and engagement of students, alumni, donors, and community and professional/industry partners to build a coherent, thriving community of SJSU PHR (e.g., through Advisory Council and department-wide community-engaged events);
- Building meaningful relationships/partnerships with a broad range of internal and external stakeholders in a transdisciplinary, inter-professional, and cross-sectoral context;
- Compliance with CSU, University, and College policies and procedures;
- Communication, promotional, advocacy, representative, and fundraising functions of the department;
- CSU and SJSU's commitment to diversity, equity, and inclusion (DEI); and
- Implementation of an inclusive and collegial, shared governance framework to build a cohesive, empowering culture and promote the sustainable growth and prosperity of the department.

¹ *Graduation Initiative 2025* is the California State University's (CSU, nation's largest four-year public university system with 23 campuses/487,000 students) initiative to increase graduation rates for all CSU students while eliminating opportunity and achievement gaps. Through this initiative the CSU will ensure that all students have the opportunity to graduate in a timely manner according to their personal goals, positively impacting their future and producing the graduates needed to power California and the nation.

Full Professor (July 1, 2011 – July 30, 2018); **Associate Dean, Research** (September 1, 2012 – July 30, 2018); **Director** (Community-University Partnership for the Study of Children, Youth, and Families, CUP; July 1, 2011 – December 31, 2013); Faculty of Extension, [University of Alberta](#) (U of A), Edmonton, Alberta, Canada

Expertise: *Culture, Diversity, and Community Engagement* (e.g., *engagement of high-risk youth*); *Active Living, Health, and Life Quality* (e.g., *the role of leisure/recreation/physical activity in meaning-making, mental health, and transformation*); and *Participatory Action Research (PAR) and Lifelong Learning* — Dr. Iwasaki's work involves transdisciplinary, cross-sectoral, and inter-cultural community engagement in lifelong learning and health and human services. This community-university engagement is facilitated by the principles of mutual respect, relationship/partnership-building, co-learning, power-sharing, capacity-building, and collective commitment to social change. These collaborative efforts address social justice issues, such as health equity, mental health, and racism, and to have an impact on lifelong learning scholarship and practice. Those efforts also aim to co-create a community of learning and co-implement people-centered approaches to lifelong learning (e.g., via high-impact experiential community service learning; *CSL 350/EXGEN 1518: Engaging "High-Risk/At-Risk" Youth*) and community practice and policy for health and human service and education, using engagement scholarship, social learning theory, and social justice perspectives. Dr. Iwasaki has worked with diverse populations in the United States, Canada, and New Zealand, including Indigenous peoples, high-risk youth, and persons with disabilities.

Teaching: "EXCES 1501 — Community Engagement: Contexts and Processes" and "MACE 560 — Community Engagement Practicum"

Leadership: Following my role as Director of research center, named *Community-University Partnership for the Study of Children, Youth, & Families* (CUP) from July 1, 2011 to December 31, 2013, I had been appointed as the Associate Dean, Research (ADR) in the U of A's Faculty of Extension whose primary responsibility was to foster a *culture of research and scholarship* within the Faculty, guided by its strategic plan grounded within the Scholarship of Engagement since September 1, 2012 (until July 30, 2018). As ADR, I led to implement *integrated* forms of learning/teaching, research, and service/citizenship, by emphasizing that community-university engagement is essential to this integrated process, in which the role of research and scholarship is critical to promote academic rigor, relevance, integrity, and excellence. In pursuing this academic administrative role, I had been assigned to join a senior executive leadership team, called the "Executive Planning and Priorities Committee" (EPPC) whose responsibilities included the development, implementation, assessment, and refinement of: (a) strategic plans (e.g., academic, business, and communication plans); (b) interdisciplinary community-based research and knowledge mobilization projects (e.g., participatory action research to implement solutions for addressing social justice issues within communities); and (c) continuing professional education, lifelong learning, and international programs (e.g., the U of A English Language School); as well as (d) overall institutional management and budgeting (i.e., annual budget of over \$20 million). Supporting the Dean for development efforts had been another key responsibility of EPPC whereby my leadership role in extensive partnership-based fundraising has begun in 2011 during my directorship at CUP, in which one-third of the 24-member steering committee representing various community sectors were generous funders to support CUP operations with an annual budget of over \$500,000. I made significant contributions to advancing the academic, scholarly, and service mission of the U of A's Faculty of Extension, by integrating educational, programming, capacity-building, and research expertise of the Faculty. For example, I led the development and implementation of a five-year strategic research plan (that integrates teaching/learning, scholarship, and service responsibilities of the Extension unit), and the establishment and operation of Research Support Services (RSS). RSS supports interdisciplinary scholars, practitioners, community/industry partners, and research centers (e.g., Centre for Public Involvement, CPI; City-Region Studies Centre, CRSC) at all phases of research from incubation and partnership-building to dissemination and knowledge mobilization.

Full Professor (August 28, 2006 – June 30, 2011)

Department of Health and Rehabilitation Sciences, College of Public Health (formally, College of Health Professions and Social Work), [Temple University](#), Philadelphia, Pennsylvania, USA

Teaching: Contemporary Aspects of Disability (HRP 1101, undergraduate), Fall 2006, Fall 2007, Fall 2008, Fall, 2009, Spring & Fall, 2010, Spring, 2011
 Disability Identity in Contemporary Society (TR 0813, undergraduate), Fall, 2009, Spring & Fall, 2010, Spring 2011
 Leisure, Health, and Life Quality (TR 9143, graduate), Spring 2007, Spring 2008, Spring 2009
 Methods in Community-Based Participatory Research (CBPR) for Health (TR 8161, graduate), Summer, 2009

Full Professor (March 30, 2004 – June 30, 2006)

Associate Professor (2001 – March 29, 2004)

Assistant Professor (July 1, 1998 – 2001)

Faculty of Kinesiology and Recreation Management (formally, Faculty of Physical Education and Recreation Studies), [University of Manitoba](http://www.unimn.ca), Winnipeg, Canada

Undergraduate and graduate courses taught at the University of Manitoba:

- Concepts of Recreation and Leisure (123.140; undergraduate)
Winter & Fall, 1999; Fall, 2000
- Administration of Leisure Services (123.386; undergraduate)
Fall, 1998, 1999, & 2000
- Human Resource Development in Leisure Services (123.387; undergraduate)
Winter, 1999, 2000, 2001, 2002, & 2005
- Leisure and Recreation: Concepts and Theories (123.701; graduate)
Winter, 2000 (team teaching); Winter, 2001, 2002, 2004, 2006 (single instructor)

Affiliated Faculty

January 1, 2007 - June 2011 Department of Public Health, College of Health Professions and Social Work, Temple University

September 1, 2007 - June 2011 Institute on Disabilities, College of Education, Temple University

Research Affiliate

July 1, 1998 - June 30, 2006 Health, Leisure & Human Performance (HLHP) Research Institute, University of Manitoba

- Multidisciplinary, collaborative research
- HLHP Research Council

Sessional Instructor

1997 Department of Recreation and Leisure Studies, University of Waterloo
Social Psychology of Leisure (REC 205)

Principal Research Assistant

1996 - 1998 Department of Recreation and Leisure Studies, University of Waterloo
Project Title: *Longitudinal Analysis of the Relationships between Stress, Leisure, Coping and Health*
Project Title: *Relationships between Stress, Physically Active Leisure, Physical and Mental Health, and a Sense of Well-Being as a Function of Life-Cycle and Multiple Role Conflict*

Teaching Assistant

Department of Recreation and Leisure Studies, Faculty of Applied Health Sciences, University of Waterloo

1996 REC 205: Social Psychology of Leisure
REC 300: Philosophy of Leisure
REC 425: Leisure and Heritage Preservation

1995 REC 205: Social Psychology of Leisure
REC 230: Outdoor Recreation Resources Management

1994 REC 201: Sociology of Leisure
REC 205: Social Psychology of Leisure
REC 425: Leisure and Heritage Preservation

1993 REC 200: Theories of Play

Sports and Recreational Specialist

1992 Maryland-National Capital Park and Planning Commission, Northern Area, Maryland

Professional Tennis Instructor (certified by Professional Tennis Registry, PTR)

1991 Dennis Van der Meer Tennis Academy, Hilton Head Island, South Carolina
1980 - 1989 Miyamura Tennis Corporation, Tokyo, Japan

HONORS AND AWARDS

- 2017 [Inaugural McKinnon Walker Trust Global Fellowship](#) on the theme of “Transforming Vulnerable Lives,” University of Wollongong, Australia
- 2008 Elected Fellow/Inductee into the Academy of Leisure Sciences (“recognition of outstanding contributions to knowledge about leisure and recreation”)
- 2008 Distinguished Alumni Award (“for significant contributions to the profession, the discipline, and society”), Department of Recreation and Leisure Studies, Faculty of Applied Health Sciences, University of Waterloo, Ontario, Canada
- 2006-2007 Recipient, Merit Awards, Temple University
- 2004 Recipient, Rh Award (Outstanding Contributions to Scholarship and Research), Social Sciences Category, University of Manitoba
 “The purpose of the Rh Award is to provide supplementary research support for University of Manitoba investigators who display exceptional promise, high qualities of innovation and unusual stimulation to research colleagues in their own and related disciplines.” Only one researcher in each category is chosen as the winner each year.
- 2004 Journal of Park and Recreation Administration (JPRA) Best Paper Award, American Association of Park and Recreation Administration (AAPRA)
 My article titled, *Testing Independent and Buffer Models of the Influence of Leisure Participation on Stress Coping and Adaptational Outcomes*, which appeared in JPRA, has been acknowledge as the best article among all papers published in the journal during a three-year period (2001-2003).
- 2003/04 Nominee, Canada Research Chair, Faculty of Health Sciences, University of Ottawa
- 2003/04 Nominee, Canada Research Chair, Faculty of Physical Education and Recreation Studies, University of Manitoba
- 2002-2004 Recipient, Establishment Award, Manitoba Health Research Council (MHRC), \$87,200
 These awards are “intended for investigators who have recently completed their training in research and show exceptional promise in their ability to carry out independent research in the health sciences.” The Awards Guideline indicates that “successful applicants are expected to devote at least 75% of their time to research.” Teaching stipend of \$15,000 per year has been allocated (\$45,000 in total).
- 2003 Nominee, Rh Award (Outstanding Contributions to Scholarship and Research), University of Manitoba
- 2001 Nominee, Saunderson and Stanton Awards for Excellence in Teaching
 Nominee, Merit Awards in Research Achievements, University of Manitoba
- 2000 Finalist, Best Dissertation Awards (1997-99), American Academy for Park and Recreation Administration in cooperation with Sagmore Publishing, Inc.
- 1999 Citation of Excellence, Highest Quality Rating by ANBAR Electronic Intelligence [Iwasaki, Y., & Havitz, M.E. (1998). A path analytic model of the relationships between involvement, psychological commitment, and loyalty. *Journal of Leisure Research*, 30, 256-280.]
- 1998 Outstanding Achievement in Graduate Studies Award (Ph.D.), University of Waterloo
 Nomination for the Alumni Gold Medal Award (Ph.D.), University of Waterloo
 Ontario Graduate Scholarship: \$3,953.00
 International Graduate Student Scholarship: \$1,340.00
- 1997 Ontario Graduate Scholarships: \$3,953.00, \$3,953.00, \$3,953.00
 International Graduate Student Scholarship: \$1,340.00
 Special International Graduate Student Scholarship: \$2,300.00
- 1996 Ontario Graduate Scholarships: \$3,953.00, \$3,953.00
 University of Waterloo Graduate Scholarships: \$3,160.00, \$3,160.00

- 1995 Outstanding Achievement in Graduate Studies Award (Masters), University of Waterloo
 Nomination for the Alumni Gold Medal Award (Masters), University of Waterloo
 Board of Governor's Achievement Award, University of Waterloo
 Government of Canada Award: \$7,200.00, registration and tuition fees
 University of Waterloo Graduate Scholarships: \$3,120.00, \$3,120.00, \$2,000.00
 University of Waterloo Senate Graduate Scholarship: \$362.80
- 1994 Government of Canada Award: \$3,600.00, registration and tuition fees
 International Student Fee Waiver
- 1993 Outstanding Senior Award, University of Maryland, College Park, Maryland
 Maryland Recreation and Parks Association Student Award, Maryland
 International Student Fee Waiver

RECORD OF RESEARCH ACHIEVEMENTS

PUBLICATIONS

Refereed Journal Articles:²

- Zhang, N., Pagidipati, P., Park, C., Thai, J., Hsin, Tseng Y., Assaf, H., Ahmed S., Madan, N., & Iwasaki, Y. (submitted, under review). Development of a COVID-19 Prevention and Control health communication campaign tailored towards college students.
- Froese, J. E., McDermott, L., & Iwasaki, Y. (2020). The other side of suicide loss: The potential role of leisure and meaning-making for suicide survivors. *Annals of Leisure Research*, 23(3), 322-338.
<https://doi.org/10.1080/11745398.2019.1616572>
- Hopper, T. D., Froese, J. E., & Iwasaki, Y. (2020). Meaning-centered therapeutic recreation: A practical approach. *Therapeutic Recreation Journal* 54(3), 291-302.³
- Hopper, T. D., Iwasaki, Y., Walker, G.J., & McHugh, T-L.F. (2019). The Role of Relationships in Meaningfully Engaging Youth at Risk in Recreation and Leisure Contexts. *Child & Youth Services*. DOI: 10.1080/0145935X.2019.1568235
- Iwasaki, Y., Messina, E., & Hopper, T. (2018). The Role of Leisure in Meaning-Making and Engagement with Life. *Journal of Positive Psychology*, 13(1), 29-35. Special issue on "Leisure and Positive Psychology: Complementary Science for Health and Well-Being" DOI: 10.1080/17439760.2017.1374443
- Hopper, T. D., Iwasaki, Y., Walker, G.J., & McHugh, T-L.F. (2018). "I feel like we finally matter": The role of youth-led approaches in enhancing leisure-induced meaning-making among youth at risk. *Leisure/Loisir*, 38(2), 119-138.
- Iwasaki, Y. (2017). Leisure and meaning-making: Implications for rehabilitation to engage persons with disabilities. *Journal of Vocational Rehabilitation*, 46(2), 225-232.
- Iwasaki, Y. (2017). Contributions of leisure to "meaning-making" and its implications for leisure studies and services. *Annals of Leisure Research*, 20(4), 416-426.
- Iwasaki, Y. (2017). Literature-informed conceptual framework for meaning-focused leisure practice. Special Issue of *World Leisure Journal*, 57, Supplement 1: Selected papers from the 2016 LARASA World Leisure Congress: "Challenges, Choices and Consequences," 7-14.

² According to Google Scholar citations, my publications have been cited 7,075 times so far with an h-index of 44 and an i10-index of 61, as of February 16, 2022. <https://scholar.google.com/citations?user=A3e879AAAAAJ&hl=en>

³ This article received an honor of being selected as one of the three finalists for the NART (National Academy of Recreational Therapists) Scholarly Manuscript Award, announced on August 31, 2021.

- Iwasaki, Y. (2017). Leisure, Engagement, and Meaning-Making among High-Risk Youth. *Loisir et Societe/Society and Leisure, 40*(3) (special issue on leisure experience, health, and positive development), 324-339.
- Iwasaki, Y. (2017). Meaningful Youth Engagement through Media Usage. *International Journal of Civic Engagement and Social Change, 4*(4), 31-47.
- Iwasaki, Y., Hopper, T., & Whelan, P. (2017). Insights on inspirational education for “high-risk” youth informed by participatory action research (PAR) on youth engagement. *Journal of Education and Training Studies, 5*(1), 152-158.
- Hopper, T., & Iwasaki, Y. (2017). Engagement of ‘At-Risk’ Youth through Meaningful Leisure. *Journal of Park and Recreation Administration, Special Issue on “Youth Development” Part II, 35*(1), 20-33.
- Messina, E., & Iwasaki, Y. (2017). A Case Study on Staff Perspectives of Programming in a Forensic Mental Health Treatment Facility. *Therapeutic Recreation Journal, 51*(1), 35-47. DOI: <https://doi.org/10.18666/TRJ-2017-V51-11-7762>
- Iwasaki, Y. (2016). The role of youth engagement in positive youth development and social justice youth development for high-risk, marginalized youth. *International Journal of Adolescence and Youth, 21*(3), 267-278.
- Kim, J. S., & Iwasaki, Y. (2016). Role of leisure meanings in adaptation to acculturation stress of Korean immigrants in Canada. *Society and Leisure: Loisir et Société, 39*(2), 177-194.
- Iwasaki, Y. (2015). Youth Engagement — Engaging for Change: Changing for Engagement. *Journal of Community Engagement and Scholarship, 8*(2), 26-43.
- Iwasaki, Y., Dashora, P., McLaughlin, A. M., McHugh, T. L., Springett, J., & Youth 4 YEG Team (2015). Reflections on the Opportunities and Challenges of Youth Engagement: Youth and Professional Perspectives. *Engaged Scholar Journal: Community-Engaged Research, Teaching, and Learning, 1*(2), 32-53.
- Iwasaki, Y., Messina, E., Coyle, C., & Shank, J. (2015). Role of leisure in meaning-making for community-dwelling adults with mental illness: Inspiration for engaged life. *Journal of Leisure Research, 47*(5), 538-555.
- Shank, J., Iwasaki, Y., Coyle, C., & Messina, E. (2015). Experiences and Meanings of Leisure, Active Living, and Recovery among Culturally Diverse Community-dwelling Adults with Mental Illness. *American Journal of Psychiatric Rehabilitation, 18*, 129-151.
- Iwasaki, Y., Coyle, C., Shank, J., Messina, E., & Porter, H. (2014). Role of Leisure in Recovery from Mental Illness. *American Journal of Psychiatric Rehabilitation, 17*(2), 147-165.
- Iwasaki, Y. (2014). Reflection on Learnings from Engaging and Working with High-Risk, Marginalized Youth. *Relational Child & Youth Care Practice, 27*(4), 24-35.
- Iwasaki, Y., Springett, J., Dashora, P., McLaughlin, A. M., McHugh, T. L., & Youth 4 YEG Team (2014). Youth-Guided Youth Engagement: Participatory Action Research (PAR) with High-Risk, Marginalized Youth. *Child & Youth Services, 35*(4), 316-342.
- Iwasaki, Y., Coyle, C., Shank, J., Messina, E., & Porter, H. (2013). Leisure-Generated Meanings and Active Living for Persons with Mental Illness. *Rehabilitation Counseling Bulletin, 57*(1), 46-56.
- Messina, E. S., & Iwasaki, Y. (2013). Analysis of Participation Levels in Activity Programming at a Correctional Mental Health Facility. *Therapeutic Recreation Journal, 47*(3), 197-211.
- Porter, H., Iwasaki, Y., & Shank, J. (2013). Conceptualizing Meaning-Making through Leisure Experiences. *Society and Leisure/Loisir et Société, 33*(2), 167-194.

- Porter, H., Shank, J., & Iwasaki, Y. (2012). Promoting a Collaborative Approach with Recreational Therapy to Improve Physical Activity Engagement in Type 2 Diabetes, *Therapeutic Recreation Journal*, 46(3), 202-217.
- Iwasaki, Y., Byrd, N. G., & Onda, T. (2011). Promoting identities and mental health via cultural/community activities among racially/ethnically mixed urban American Indians. *Family & Community Health*, 34(3), 256-265.
- Messina, E. S., & Iwasaki, Y. (2011). Internet use and self-injurious behavior among adolescents and young adults: An interdisciplinary literature review and implications for health professionals. *Cyberpsychology, Behavior, and Social Networking*, 14(3), 161-168.
- Iwasaki, Y., & Byrd, N. G. (2010). Cultural activities, identities, and mental health among urban American Indians with mixed racial/ethnic ancestries. *Race and Social Problems*, 2, 101-114.
- Iwasaki, Y., Coyle, C., & Shank, J. (2010). Leisure as a context for active living, recovery, health, and life quality for persons with mental illness in a global context. *Health Promotion International*, 25(4), 483-494.
- Iwasaki, Y., Bartlett, J., Gottlieb, B., & Hall, D. (2009). Leisure-like pursuits as an expression of Aboriginal cultural strengths and living actions. *Leisure Sciences: An Interdisciplinary Journal*, 31, 1-16.
- Stack, J. A. C., & Iwasaki, Y. (2009). The role of leisure pursuits in adaptation processes among Afghan refugees who have immigrated to Winnipeg, Canada. *Leisure Studies*, 28(3), 239-259.
- Iwasaki, Y. (2008). Pathways to meaning-making through leisure in global contexts. *Journal of Leisure Research*, 40, 231-249.
- Iwasaki, Y., Bartlett, J., MacKay, K., Mactavish, J., & Ristock, J. (2008). Mapping nondominant voices into understanding stress-coping mechanisms. *Journal of Community Psychology*, 36(6), 702-722.
- Iwasaki, Y. (2007). Leisure and quality of life in an international and multicultural context: What are major pathways linking leisure to quality of life? *Social Indicators Research*, 82(2), 233-264.
- Iwasaki, Y. & Bartlett, J. (2007). Stress-coping among Aboriginal individuals with diabetes in an urban Canadian city: From woundedness to resilience. *Journal of Aboriginal Health*, 3(1), 15-25.
- Iwasaki, Y., Nishino, H., Onda, T., & Bowling, C. (2007). Leisure research in a global world: Time to reverse the western domination in leisure research? *Leisure Sciences: An Interdisciplinary Journal*, 29, 113-117.
- Iwasaki, Y., & Ristock, J. (2007). The nature of stress experienced by lesbians and gay men. *Anxiety, Stress and Coping: An International Journal*, 20, 299-319.
- Mactavish, J., MacKay, K., Iwasaki, Y., & Betteridge, D. (2007). Family caregivers of individuals with intellectual disability: Perspectives on life quality and the role of vacations. *Journal of Leisure Research*, 39(1), 127-155.
- Bartlett, J., Iwasaki, Y., Gottlieb, B., Hall, D., & Mannell, R. (2007). Framework for Aboriginal-guided decolonizing research involving Metis and First Nations persons with diabetes. *Social Science & Medicine*, 65(11), 2371-2382.
- Iwasaki, Y. (2006). Counteracting stress through leisure coping: A prospective health study. *Psychology, Health & Medicine*, 11(2), 209-220.
- Iwasaki, Y. (2006). The use of spirituality as a culturally and sub-culturally meaningful aid in coping with stress. *Healing Ministry*, 13(4), 37-43.
- Iwasaki, Y. & Bartlett, J. (2006). Culturally meaningful leisure as a way of coping with stress among Aboriginal individuals with diabetes. *Journal of Leisure Research*, 38(3), 321-338.
- Iwasaki, Y., MacKay, K., Mactavish, J., Ristock, J., & Bartlett, J. (2006). Voices from the margins: Stress, active living, and leisure as a contributor to coping with stress. *Leisure Sciences: An Interdisciplinary Journal*, 28, 163-180.

- Iwasaki, Y., Bartlett, J., MacKay, K., Mactavish, J., & Ristock, J. (2005). Social exclusion and resilience as frameworks of stress and coping among selected non-dominant groups. *International Journal of Mental Health Promotion*, 7(3), 4-17.
- Iwasaki, Y., Bartlett, J., & O'Neil, J. (2005). Coping with stress among Aboriginal women and men with diabetes in Winnipeg, Manitoba. *Social Science and Medicine*, 60(5), 977-988.
- Iwasaki, Y., MacKay, K., & Mactavish, J. (2005). Gender-based analyses of coping with stress among professional managers: Leisure coping and non-leisure coping. *Journal of Leisure Research*, 37(1), 1-28.
- Iwasaki, Y., & Mactavish, J. (2005). Ubiquitous yet unique: Perspectives of people with disabilities on stress. *Rehabilitation Counseling Bulletin*, 48(4), 194-208.
- Iwasaki, Y., Mactavish, J., & MacKay, K. (2005). Building on strengths and resilience: Leisure as a stress survival strategy. *British Journal of Guidance and Counselling*, 33(1), 81-100. Invited paper in a special edition/symposium on "The role of leisure in work-life balance."
- Iwasaki, Y., Mannell, R. C., Smale, B. J. A., & Butcher, J. (2005). Contributions of leisure participation in predicting stress coping and health among police and emergency response services workers. *Journal of Health Psychology*, 10(1), 79-99.
- Mactavish, J., & Iwasaki, Y. (2005). Exploring perspectives of individuals with disabilities on stress-coping. *Journal of Rehabilitation*, 71(1), 20-31.
- Iwasaki, Y., Bartlett, J., & O'Neil, J. (2004). An examination of stress among Aboriginal women and men with diabetes in Manitoba, Canada. *Ethnicity and Health*, 9(2), 189-213.
- Iwasaki, Y., & Butcher, J. (2004). Coping with stress among middle-aged and older women and men with arthritis. *International Journal of Psychosocial Rehabilitation*, 8, 179-208.
- Iwasaki, Y., MacKay, K., & Ristock, J. (2004). Gender-based analyses of stress among professional managers: An exploratory qualitative study. *International Journal of Stress Management*, 11, 56-79.
- Iwasaki, Y., & Havitz, M.E. (2004). Examining relationships between leisure involvement and loyalty to a recreation agency. *Journal of Leisure Research*, 36, 45-72.
- Iwasaki, Y., & Ristock, J. (2004). Coping with stress among gays and lesbians: Implications for human development over the lifespan. *World Leisure Journal*, 46(2), 26-37.
- Iwasaki, Y. (2003). Examining rival models of leisure coping mechanisms. *Leisure Sciences: An Interdisciplinary Journal* (special issue on leisure, stress and coping), 25(2/3), 183-206.
- Iwasaki, Y. (2003). Roles of leisure in coping with stress among university students: A repeated-assessment field study. *Anxiety, Stress and Coping: An International Journal*, 16(1), 31-57.
- Iwasaki, Y. (2003). The impact of leisure coping beliefs and strategies on adaptive outcomes. *Leisure Studies*, 22, 93-108.
- Iwasaki, Y. (2002). Testing independent and buffer models of the influence of leisure participation on stress-coping and adaptational outcomes. Special Issue of the *Journal of Park and Recreation Administration* on the relationship between leisure and health, 20(4), 90-129.
- Iwasaki, Y. (2002). Exploring leisure coping processes: Roles of leisure activities and psychosocial functions of leisure coping. *Annals of Leisure Research*, 5(1), 27-50.
- Iwasaki, Y., Mannell, R.C., Smale, B.J.A., & Butcher, J. (2002). A short-term longitudinal analysis of leisure coping used by employees of police and emergency response service workers. *Journal of Leisure Research*, 34, 311-339.

- Iwasaki, Y., Zuzanek, J., & Mannell, R.C. (2001/2002). Social support, self-esteem, and sense of mastery as mediators of the relationships among physically active leisure, stress and health. *Leisure/Loisir: Journal of the Canadian Association for Leisure Studies*, 26(3/4), 257-287.
- Iwasaki, Y. (2001). Testing an optimal matching hypothesis of stress, coping and health: Leisure and general coping. *Society and Leisure/Loisir et Societe*, 24, 163-203.
- Iwasaki, Y. (2001). Contributions of leisure to coping with daily hassles in university students' lives. *Canadian Journal of Behavioural Science*, 33(2), 128-141.
- Iwasaki, Y. (2001). A retrospective commentary on "The impact of stress on different leisure dimensions." *Leisure/Loisir: Journal of the Canadian Association for Leisure Studies*, 25(3/4), 199-202.
- Iwasaki, Y., Zuzanek, J., & Mannell R.C. (2001). The effects of physically active leisure on stress-health relationships. *Canadian Journal of Public Health*, 92(3), 214-218.
- Iwasaki, Y., & Mannell, R.C. (2000). The effects of leisure beliefs and coping strategies on stress-health relationships: A field study. *Leisure/Loisir: Journal of the Canadian Association for Leisure Studies*, 24, 3-57.
- Iwasaki, Y., & Mannell, R.C. (2000). Hierarchical dimensions of leisure stress coping. *Leisure Sciences: An Interdisciplinary Journal*, 22, 163-181.
- Iwasaki, Y., & Mannell, R.C. (1999). Situational and personality influences on intrinsically motivated leisure behavior: Interaction effects and cognitive processes. *Leisure Sciences: An Interdisciplinary Journal*, 21, 287-306.
- Iwasaki, Y., & Havitz, M.E. (1998). A path analytic model of the relationships between involvement, psychological commitment, and loyalty. *Journal of Leisure Research*, 30, 256-280.
- Iwasaki, Y., & Smale, B.J.A. (1998). Longitudinal analyses of the relationships among life transitions, chronic health problems, leisure, and psychological well-being. *Leisure Sciences: An Interdisciplinary Journal*, 20, 25-52.
- Zuzanek, J., Robinson, J.P., & Iwasaki, Y. (1998). The relationships between stress, health, and physically active leisure as a function of life-cycle. *Leisure Sciences: An Interdisciplinary Journal*, 20, 253-275.

Editorial Papers:

- McCormick, B. P., & Iwasaki, Y. (Eds.) (2008). Mental health and transcending life challenges: The role of therapeutic recreation services. Editorial introductory paper for a special issue of *Therapeutic Recreation Journal*, 42(1), 5-8.
- Iwasaki, Y., & Schneider, I. E. (Eds.) (2003). Leisure, stress, and coping: An evolving area of inquiry. Special issue of *Leisure Sciences: An Interdisciplinary Journal* on leisure, stress, and coping, 25(2/3), 107-113.
- Schneider, I. E., & Iwasaki, Y. (Eds.) (2003). Reflections on leisure, stress, and coping research. Special issue of *Leisure Sciences: An Interdisciplinary Journal* on leisure, stress, and coping, 25(2/3), 301-305.

Book Chapters:

- Ross, S., Iwasaki, Y., Baur, J., & Heintzman, P. (2020). Transformative Leisure and Play: Bringing Forth Our Reason for Being. In S. Kono, A. Beniwal & K. Spracklen (Eds.), *Positive Sociology of Leisure: Contemporary Perspectives on Sociology of Leisure*. Cham, Switzerland: Palgrave Macmillan.
- Iwasaki, Y. (2018). Leisure and Meaning-Making: The Pursuit of a Meaningful Life through Leisure. In A. Beniwal, R. Jain & K. Spracklen (Eds.), *Global Leisure and the Struggles for a Better World* (pp. 287-302). Cham, Switzerland: Palgrave Macmillan.
- Iwasaki, Y. (2017). Youth Engagement in the Era of New Media. In M. Adria & Y. Mao (Eds.), *Handbook of Research on Citizen Engagement and Public Participation in the Era of New Media* (pp. 90-105). Hershey, PA: IGI Global.

- Iwasaki, Y. (2017). Dog Walking as a Leisure Activity (Chapter 8). In M. C. Hall, Y. Ram & N. Shoval (Eds.), *The Routledge International Handbook of Walking*. London, UK: Routledge.
- Iwasaki, Y., Hopper, T., & Whelan, P. (2017). Youth Engagement: Perspectives, Roles, and Impacts. In G. M. Brooks (Ed.), *Civic Engagement: Perspectives, Roles and Impacts*. Hauppauge, NY: Nova Science Publishers, Inc.
- Iwasaki, Y. (2016). Personal Factors. In H. R. Porter (Ed.), *Recreational Therapy and the International Classification of Functioning, Disability, and Health* (pp. 353-356). Enumclaw, WA: Idyll Arbor, Inc.
- Iwasaki, Y. (2015). Leisure in East Asia. In G. Walker, D. Scott, & M. Stodolska (Eds.), *Leisure Matters: The State and Future of Leisure Studies* (pp. 111-124). State College, PA: Venture Publishing Inc.
- Iwasaki, Y. (2014). Coping, An Overview. In A. C. Michalos (Ed.), *Encyclopedia of Quality of Life and Well-Being Research* (p. 1292-1295). New York, NY: Springer Publishers.
- Iwasaki, Y. (2010). Leisure and stress reduction. In L. Payne, B. E. Ainsworth & G. Godbey (Eds.), *Leisure, health and wellness: Making the connection* (pp. 147-154). State College, PA: Venture Publishing Inc.
- Iwasaki, Y. (2007). Stressful living and leisure as a meaningful stress-coping pursuit. In R. E. McCarville & K. J. MacKay (Eds.), *Leisure for Canadians* (pp. 75-82). State College, PA: Venture Publishing Inc.
- Iwasaki, Y., Bartlett, J., Hall, D., & Forsyth, S. (2007). Culture and health in the Urban Aboriginal Diabetes Project (UADP). In R. Riewe & J. Oakes (Eds.), *Aboriginal Connections to Race, Environment and Traditions* (pp. 141-154). Winnipeg, Canada: University of Manitoba Aboriginal Issues Press.
- Iwasaki, Y. (2006). Leisure, quality of life, and diversity: An international and multicultural perspective. In E. L. Jackson (Ed.), *Leisure and the Quality of Life: Impacts on Social, Economic and Cultural Development* (pp. 25-39). Hangzhou, China: Zhejiang University Press.
- Jackson, E. L., Iwasaki, Y., Shaw, S. M., Freysinger, V. J., Henderson, K. A., Mannell, R. C., Caldwell, L. L., Dupuis, S. L., Kay, Veal, A. J., Godbey, G., Rojek, C, Williams, D. R., Chick, G., Fox, K. (2006). Summary of principles about leisure. In E. L. Jackson (Ed.), *Leisure and the Quality of Life: Impacts on Social, Economic and Cultural Development* (pp. 11-16). Hangzhou, China: Zhejiang University Press.
- Iwasaki, Y. (2005). The role of active leisure in fighting against obesity and inactive lifestyle: Beyond physical activity. In *George Butler Lecture, Leisure Research Symposium--Taking steps toward transdisciplinary research* (pp. 21-26). State College, PA: Venture Publishing, Inc.
- Mannell, R. C., & Iwasaki, Y. (2005). Advancing quantitative research on social cognitive theories of the constraint-negotiation process (Chapter 10). In E. L. Jackson (Ed.), *Constraints to leisure* (pp. 261-275). State College, PA: Venture Publishing, Inc.
- Iwasaki, Y. (2004). Leisure as a counteraction: Findings from a diversity project on stress and coping. In F. H. Fu, D. Markus & T. K. Tong (Eds.), *Negative events in the life cycle: Leisure and recreation as a counteraction* (p. 104-127). Hong Kong, China: Dr. Stephen Hui Research Centre for Physical Education and Wellness, Hong Kong Baptist University.
- Iwasaki, Y., & Zuzanek, J. (2004). The effects of physically active leisure on stress-health relationships. In M. J. Monteagudo & N. Puig (Eds.), *Ocio y deporte: Un análisis multidisciplinar* (p. 63-76). Book featuring selected papers in Sport and Health thematic edition presented at 6th World Leisure and Recreation Association (WLRA) World Congress. Institute of Leisure Studies, Universidad de Deusto, Bilbao, Spain.
- Kleiber, D., Iwasaki, Y., Fu, F. H., Robertson, R., Dodd, J., Lobo, F., Coleman, D., Hutchinson, S., & Paltiel (2004). Towards a position statement on leisure and stress. In F. H. Fu, D. Markus & T. K. Tong (Eds.), *Negative events in the life cycle: Leisure and recreation as a counteraction* (p. 138-143). Hong Kong, China: Dr. Stephen Hui Research Centre for Physical Education and Wellness, Hong Kong Baptist University.

Research Reports:

- Zuzanek, J., Mannell, R.C., Smale, B.J.A. Kates, N., & Iwasaki, Y. (2000). Effects of physically active leisure, social support, work stress, and chronic stress on mental health and physical health: A longitudinal perspective. Research report submitted to the *National Health Research and Development Program (NHRDP)*.
- Zuzanek, J., Mannell, R.C., Smale, B.J.A. Kates, N., & Iwasaki, Y. (1998). Relationship between stress, mental and physical health, physically active leisure, and sense of well-being as a function of life-cycle and multiple role conflict. Research report submitted to the *National Health Research and Development Program (NHRDP)*.

CONFERENCE PRESENTATIONS

Invited and Published Conference Presentations:

- Iwasaki, Y. (December 1, 2017). University leadership in transformation of vulnerability (academic keynote address). *2017 Global Challenges Conference: Transforming Vulnerability*. University of Wollongong, Australia.
- Iwasaki, Y. (November 30, 2017). Transforming vulnerable lives through meaning-making: Importance of leisure and recreation (public keynote address). *2017 Global Challenges Conference: Transforming Vulnerability*. University of Wollongong, Australia.
- Iwasaki, Y. (October 18, 2005). The role of active leisure in fighting against obesity and inactive lifestyle: Beyond physical activity. One of the four invited panel speakers in responding to the keynote by Dr. David Buchner, M.D. (the Atlanta Disease Control Center and Chief of Physical Activity and Health) in the George Butler Lecture for the Opening Session of the 2005 *National Recreation and Park Association (NRPA) Leisure Research Symposium (LRS)* in San Antonio, Texas.
- Iwasaki, Y. (August 8, 2004). Leisure as a counteraction: Findings from a diversity project on stress and coping. *International Conference on Exercise Science—Theme: Negative events in the life cycle: Leisure and recreation as a counteraction*. Invited presentation. Hong Kong Baptist University, China.
- Iwasaki, Y. (May 23, 2002). Invited presentation at a special panel session entitled “Celebrating the Past and Future of Canadian Leisure Research.” *Tenth Canadian Congress on Leisure Research (CCLR)*, University of Alberta.
- Iwasaki, Y. (March 22, 2002). Physically active leisure as a means of dealing with stress for adolescents: Mediating effects of self-esteem, mastery, and social support. Invited presentation at the *International time use conference: Time pressure, work-family interface, and parent-child relationships -- The social and health implications of time use*. University of Waterloo, Ontario.

Refereed and Published Conference Abstracts:

- Hopper, T., & Iwasaki, Y. (2021). The Role of Relationships in Meaningfully Engaging Youth Who Live on the Margins in Recreation and Leisure Contexts. *Canadian Congress on Leisure Research (CCLR)* (May 30 - June 1, 2021) as part of the virtual 2021 *Congress of the Humanities and Social Sciences*. University of Alberta, Edmonton, Canada.
- Froese, J. E., McDermott, L., & Iwasaki, Y. (June 5, 2019). The Other Side of Suicide Loss: The Potential Role of Leisure and Meaning-Making for Suicide Survivors. *Canadian Association for Leisure Studies (CAL S) Conference: Wavering our Stories*. Vancouver, British Columbia.
- Hopper, T., McHugh, T-L., Iwasaki, Y., & LeSage, D. (June 14, 2018). ‘Challenge by Choice’: Meaning-making and youth-led approaches to community-based Therapeutic Recreation. *Canadian Therapeutic Recreation 22nd Annual Conference*. Halifax, Nova Scotia.
- Iwasaki, Y., Hopper, T., & Messina, E. (May 24, 2017). Role of Leisure in Meaning-Making and Engagement with Life. *Canadian Congress on Leisure Research (CCLR) 15*. Waterloo, Ontario.

- Hopper, T., Iwasaki, Y. & McHugh, T-L. (May 23, 2017). Engagement of “at-risk” youth through meaningful leisure. *Canadian Congress on Leisure Research (CCLR) 15*. Waterloo, Ontario.
- Hopper, T., McHugh, T-L., & Iwasaki, Y. (2017, October). Leisure-induced meaning making and youth engagement approaches in recreation and leisure: A paradigm shift. *Alberta Recreation and Parks Association Annual Conference: Connecting Through Research*, Lake Louise, Alberta.
- Iwasaki, Y. (June 28, 2016). Contributions of leisure to “meaning-making” and its implications for leisure services. *World Leisure Congress*, Durban, South Africa.
- Iwasaki, Y., Hopper, T., & Whelan, P. (2017). Youth-Led Engagement Case Studies: Participatory Action Research (PAR). *C2UExpo 2017: Critical issues, for the Common Good*.
- Iwasaki, Y., & Hopper, T. (2016). The role of leisure in meaning-making and an engaged life. *Canadian Conference on Positive Psychology*.
- Hopper, T., & Iwasaki, Y. (2016). Engagement of “At-Risk” Youth through Meaningful Leisure. NRPA Research Sessions, *National Recreation and Park Association Congress*.
- Iwasaki, Y. (July 11, 2016). Leisure and Meaning-Making: The Pursuit of a Meaningful Life through Leisure. *Third International Sociological Association (ISA) Forum of Sociology, RC13 Sociology of Leisure*, Vienna, Austria.
- Iwasaki, Y. (October 24, 2015). How is the role of leisure in “meaning-making” relevant to recreation practices? *Alberta Recreation and Parks Association (ARPA) Conference—Revitalizing Recreation*, Lake Louise, Alberta.
- Iwasaki, Y. (June 22, 2015). Youth-driven participatory action research on youth engagement in Edmonton, Alberta. *Inner City Health and Wellness Symposium*, Edmonton, Alberta.
- Iwasaki, Y. (May 28, 2015). Reflections on Opportunities and Challenges of Youth Engagement: Youth and Professional Perspectives. *C²UExpo 2015—Citizen-Driven Policy: Strengthening Community Engagement for a Better World*. Ottawa, Ontario.
- Iwasaki, Y. (October 8, 2014). Working with High-risk, Marginalized Youth: Framework of Youth Engagement. *The 15th Annual Engagement Scholarship Consortium Conference*, Edmonton, Alberta.
- Iwasaki, Y., Messina, E., Shank, J., & Coyle, C. (October 16, 2014). Meaning-making through Leisure for Individuals with Psychiatric Disabilities. *National Recreation and Park Recreation Association (NRPA) Congress, Leisure Research Symposium (LRS)*, Charlotte, North Carolina.
- McLaughlin, A.M., Enns, R., Pelech, W., & Iwasaki, Y. (September 27, 2014). Rural youth leaving care: A qualitative investigation. *14th ISPCAN European Regional Conference on Child Abuse and Neglect*, Bucharest, Romania.
- Iwasaki, Y. (July 18, 2014). Developing and Testing a Framework for Engaging High-risk Marginalized Youth. Presentation at the *Second Canadian Conference on Positive Psychology*, Fairmont Chateau Laurier, Ottawa, Ontario.
- Iwasaki, Y. (May 12, 2014). Youth-Developed Framework for Youth Engagement: Youth-Guided Participatory Action Research (PAR) with High-Risk Youth. Research presentation at *2014 High Risk Youth Conference: Moving Forward*. McEwan University, Edmonton, Alberta.
- Iwasaki, Y. (March 17, 2014). A framework for engaging marginalized youth. Invited research presentation at *Edmonton Homelessness Research Symposium* within a panel session, “Towards inclusion: Engagement and social support.” Coast Edmonton Plaza Hotel, Alberta.
- Bartlett, J.G., Robertson, P., Vedan, R., Jovel, E., King, M., Smylie, J.K., Iwasaki, Y., Sanguins, J. & Dietrich, D. (September, 2012). Successes and Challenges of Engaging in International Indigenous Resilience Research, *5th*

Biennial International Network of Indigenous Health Knowledge and Development (INIHKD), Brisbane, Australia.

- Iwasaki, Y., Coyle, C., Shank, J., Salzer, M., Baron, D., Messina, E., Kishbauch, G., Mitchell, L., Ryan, A., Koons, G., & Naveiras-Cabello, R. (September, 2011). Role of Leisure and Recreation as a Context of Active Living in Recovery, Health, and Life Quality of Cultural Groups with Mental Illness. *Second International Research Conference on Community Inclusion of Individuals with Psychiatric Disabilities*, Philadelphia, Pennsylvania.
- Iwasaki, Y., Coyle, C., Shank, J., Salzer, M., Baron, D., Messina, E., Kishbauch, G., Mitchell, L., Ryan, A., Koons, G., & Naveiras-Cabello, R. (May, 2011). Active Living and Leisure-Generated Meanings for Persons with Mental Illness, *2011 Canadian Congress on Leisure Research (CCLR)*, Niagara, Ontario.
- Iwasaki, Y., Coyle, C., Shank, J., Salzer, M., Baron, D., Messina, E., Kishbauch, G., Mitchell, L., Ryan, A., Koons, G., & Naveiras-Cabello, R. (May, 2011). Leisure, Active Living, and Life Quality of Cultural Groups with Mental Illness, *2011 Canadian Therapeutic Recreation Association (CTRA) Conference*, Whistler, British Columbia.
- Shank, J., Iwasaki, Y., Coyle, C., Salzer, M., Baron, D., Messina, E., Kishbauch, G., Mitchell, L., Ryan, A., Koons, G., & Naveiras-Cabello, R. (May, 2011). The Experiences of Leisure, Active Living, and Recovery, *2011 Canadian Therapeutic Recreation Association (CTRA) Conference*, Whistler, British Columbia.
- Iwasaki, Y., Coyle, C., Shank, J., Salzer, M., Baron, D., Messina, E., Kishbauch, G., Mitchell, L., Ryan, A., & Koons, G. (September 15, 2010). Exploring the role of leisure in recovery from mental illness. In L. Mische-Lawson & A. Wozencroft (Eds.), *Abstracts from the 2010 American Therapeutic Recreation Association (ATRA) Research Institute at the ATRA Annual Conference* (pp. 21-26), Spokane, WA.
- Bartlett, J.G., Robertson, P., Vedan, R., Jovel, E., King, M., Iwasaki, Y., Smylie, J.K., Pitama, S., Sanguins, J. & Dietrich, D. (May 26, 2010). Resilient Indigenous Health Workforce Networks (RIHWNs): Constructing an international framework—Project overview. *International Network of Indigenous Health Knowledge and Development (INIHKD) Conference*, Conference theme: Knowing your Roots—Indigenous Medicine, Health Knowledges and Best Practices, Poulsbo, WA.
- Bartlett, J.G., Robertson, P., Vedan, R., Jovel, E., King, M., Iwasaki, Y., Smylie, J.K., Pitama, S., Sanguins, J., & Dietrich, D. (May 27, 2010). First Nations and Metis perceptions of Indigenous health worker networks. *International Network of Indigenous Health Knowledge and Development (INIHKD) Conference*, Conference theme: Knowing your Roots—Indigenous Medicine, Health Knowledges and Best Practices, Poulsbo, WA.
- Sanguins, J., Bartlett, J.G., Robertson, P., Vedan, R., Jovel, E., King, M., Iwasaki, Y., Smylie, J.K., Pitama, S., & Dietrich, D. (May 25, 2010). Work-life experiences of First Nations and Metis health workers. *International Network of Indigenous Health Knowledge and Development (INIHKD) Conference*, Conference theme: Knowing your Roots—Indigenous Medicine, Health Knowledges and Best Practices, Poulsbo, WA.
- Sanguins, J., Bartlett, J.G., Robertson, P., Vedan, R., Jovel, E., King, M., Iwasaki, Y., Smylie, J., & Dietrich, D. (November 25, 2009). Insights on work-life experiences of Metis and First Nations health workers. *National Aboriginal Health Organization (NAHO) National Conference*, Conference theme: “Our People, Our Health.” Ottawa, Ontario, Canada.
- Iwasaki, Y., & Byrd, N. (October 15, 2009). Cultural activities, identities, and mental health among mixed Native Americans. *2009 National Recreation & Park Association (NRPA) Leisure Research Symposium (LRS)*. Salt Lake City, UT.
- Iwasaki, Y., Coyle, C. P., & Shank, J. W. (2008). Leisure as a context for active living, recovery, health, and life quality for persons with mental illness (p. 116). *10th World Leisure Congress*, Quebec City, Canada.
- Iwasaki, Y., Bartlett, J., Gottlieb, B., Forsyth, S., & Hall, D. (2008). Enjoyable/meaningful “leisure-like” activities as living actions of Indigenous culture. In P. A. Morden, S. Hebblethwaite, & R. Hopp (Eds.), *Abstracts of the papers presented at the Twelfth Canadian Congress on Leisure Research* (p. 221-224). Concordia University, Montreal, Canada.

- Iwasaki, Y., Bartlett, J., Gottlieb, B., Forsyth, S., & Hall, D. (2007). *Leisure-like pursuits as expressions of cultural strength for Aboriginal peoples*. In I. E. Schneider & Bryan P. McCormick (Eds.), *Abstracts 2007 Leisure Research Symposium, National Recreation and Park Association Congress* (p. 200-203). Arlington, VA: National Recreation and Park Association.
- Bartlett, J., Iwasaki, Y., Gottlieb, B., Hall, D., & Forsyth, S. (October, 2007). Process framework for decolonizing research involving Metis and First Nations persons with diabetes in Manitoba, Canada. Paper presented at the 3rd Biennial Meeting of the *International Network for Indigenous Health Knowledge and Development (INHKD) Conference*, Rotorua, New Zealand.
- Iwasaki, Y. (2006). Meaning-making and life-quality-enhancement through leisure in cultural contexts. In W. W. Hendricks & I. E. Schneider (Eds.), *Abstracts from the 2006 Leisure Research Symposium* (p. 82). Arlington, VA: National Recreation and Park Association.
- Bartlett, J., Iwasaki, Y., Gottlieb, B., Hall, D., Mannell, R., & Forsyth, S. (2006). Aboriginal guided research: Articulating a process framework for decolonizing research. Paper presentation at the *2006 Aboriginal Policy Research Conference*, Ottawa, Canada.
- Iwasaki, Y., MacKay, K., Mactavish, J., Bartlett, J., & Ristock, J. (2005). Broadening conceptualizations of stress and leisure coping: Frameworks of social exclusion and resilience. In T. Delamere, C. Randall, & D. Robinson (Eds.), *Abstracts of papers presented at the Eleventh Canadian Congress on Leisure Research: The Two Solitudes: Isolation or Impact?* (p. 284-289). Malaspina University-College, Nanaimo, B.C.
- Mactavish, J., MacKay, K., Lutfiyya, Z., Mahon, M., Iwasaki, Y., Rodrigue, M., Manwaring, R., & Betteridge, D. (2005). Parents of children with intellectual disability: Perspectives on leisure, vacation patterns, and life quality. In T. Delamere, C. Randall & D. Robinson (Eds.), *Abstracts of papers presented at the Eleventh Canadian Congress on Leisure Research: The Two Solitudes: Isolation or Impact?* (p. 366-370). Malaspina University-College, Nanaimo, B.C.
- Mactavish, J., Lutfiyya, Z., Iwasaki, Y., MacKay, K., Mahon, M., Rodrigue, M., Manwaring, R., & Betteridge, D. (October, 2005). Thanks for asking me...Individuals with intellectual disability on life quality and the leisure connection. *Leisure Research Symposium, National Recreation and Park Association Congress*, San Antonio, Texas.
- Iwasaki, Y., Bartlett, J., Butcher, J. MacKay, K., Mactavish, J., O'Neil, J. & Ristock, J. (2004). Stress and coping in a diverse society: A framework of intersectionality and leisure coping. In W. T. Borrie & D. L. Kerstetter (Eds.), *Abstracts from the 2004 Leisure Research Symposium* (p. 78). Arlington, VA: National Recreation and Park Association.
- Iwasaki, Y., MacKay, K., & Ristock, J. (2003). Coping with stress among female and male managers: Gender-based analyses. In S. I. Stewart & W. T. Borrie (Eds.), *Abstracts from the 2003 Leisure Research Symposium* (p. 36). Arlington, VA: National Recreation and Park Association.
- Havitz, M. E., & Iwasaki, Y. (2003). Examining relationships between leisure involvement and loyalty to a recreation agency. In S. I. Stewart & W. T. Borrie (Eds.), *Abstracts from the 2003 Leisure Research Symposium* (p. 11). Arlington, VA: National Recreation and Park Association.
- Iwasaki, Y. (2002). Examining rival models of leisure coping mechanisms. In M. F. Floyd & S. I. Stewart (Eds.), *Abstracts from the 2002 Leisure Research Symposium* (p. 1). Arlington, VA: National Recreation and Park Association.
- Iwasaki, Y., & Mannell, R. C. (2002). Testing independent and buffer models of the influence of leisure participation on stress-coping and adaptational outcomes. In E. L. Jackson (Ed.), *Tenth Canadian Congress on Leisure Research: Celebrating the Past and Future of Canadian Leisure Studies, Book of Abstracts* (pp. 160-163). University of Alberta.

- Iwasaki, Y., Mannell, R.C., & Smale, B.J.A. (2001). A short-term longitudinal analysis of leisure coping dimensions. In M. E. Havitz & M. F. Floyd (Eds.), *Abstracts from the 2001 Symposium on Leisure Research* (p. 20). Arlington, VA: National Recreation and Park Association.
- Iwasaki, Y., & Zuzanek, J. (2001). The mediating effects of social support, self-esteem, and sense of mastery on relationships among physically active leisure, stress, and health. American Alliance for Health, Physical Education, Recreation and Dance (AAHPER) National Convention, Cincinnati, Ohio (abstract published in the *Research Quarterly for Exercise and Sport* March 2001 Supplement).
- Iwasaki, Y., & Zuzanek, J. (2000). The effects of physically active leisure on stress-health relationships. *Abstracts of the 6th World Leisure Congress: Leisure and Human Development* (pp. 295-296). Bilbao, Spain.
- Iwasaki, Y., & Mannell, R.C. (2000). Coping with daily hassles: Leisure coping and general coping. Abstracts of the *Third Symposium on Social Aspects and Recreation Research*, Diverse challenges of our times: People, products, places (p. 27). Arizona State University, Tempe, Arizona.
- Iwasaki, Y., & Mannell, R.C. (1999). Repeated assessment analyses of leisure stress-coping and health models. In P. Heintzman (Ed.), *Ninth Canadian Congress on Leisure Research* (pp. 232-236). Acadia University, Nova Scotia.
- Iwasaki, Y., & Mannell, R.C. (1998). Hierarchical dimensions of leisure stress-coping. In M.D. Bialeschki & W.P. Stewart (Eds.), *Abstracts from the 1998 Symposium on Leisure Research* (p. 74). Arlington, VA: National Recreation and Park Association.
- Mannell, R.C., Zuzanek, J., Iwasaki, Y., & Smale, B.J.A. (1998). Influence of active leisure lifestyles on the relationship between chronic stress, and physical and mental health. In M.D. Bialeschki & W.P. Stewart (Eds.), *Abstracts from the 1998 Symposium on Leisure Research* (p. 52). Arlington, VA: National Recreation and Park Association.
- Iwasaki, Y., & Smale, B.J.A. (1997). Longitudinal analyses of the relationships among leisure, chronic health problems, life transitions, and psychological well-being. In J. Hultsman & M.D. Bialeschki (Eds.), *Abstracts from the 1997 Symposium on Leisure Research* (p. 28). Arlington, VA: National Recreation and Park Association.
- Iwasaki, Y. (1996). Conceptualization and operationalization of lifestyle: Implications in leisure research. In P. Stokowski & J. Hultsman (Eds.), *Abstracts from the 1996 Symposium on Leisure Research* (p. 33). Arlington, VA: National Recreation and Park Association.
- Iwasaki, Y., & Havitz, M.E. (1996). A conceptual model of the relationship between involvement and loyalty: A Path analytic perspective. In P. Stokowski & J. Hultsman (Eds.), *Abstracts from the 1996 Symposium on Leisure Research* (p. 34). Arlington, VA: National Recreation and Park Association.
- Iwasaki, Y., & Mannell, R.C. (1996). Implications of moderator-mediator analyses in leisure research. In K. Roberts (Ed.), *Free Time and Quality of Life for the 21st Century* (p. 31). *Fourth World Leisure and Recreation Association (WLRA) World Congress*, Cardiff, Wales, UK.
- Iwasaki, Y., & Mannell, R.C. (1996). Intrinsic leisure motivation and satisfaction: A path mediational analysis. In D. Dawson (Ed.), *Eighth Canadian Congress on Leisure Research* (pp. 141-144). University of Ottawa, Ontario.
- Iwasaki, Y., & Mannell, R.C. (1995). An examination of the predictive and construct validity of the Intrinsic Leisure Motivation Personality Disposition Orientation. In V.J. Freysinger & P. Stokowski (Eds.), *Abstracts from the 1995 Symposium on Leisure Research* (p. 99). Arlington, VA: National Recreation and Park Association.

Published Conference Abstracts (Non-Refereed):

- Iwasaki, Y. (1997). Reconceptualization of leisure stress-coping dimensions. In C.S. Shannon & L.A. Rehman (Eds.), *Emerging trends in graduate recreation research* (pp. 4-9). Proceedings of the *Fifth Graduate Leisure Research Symposium*, Department of Recreation and Leisure Studies, University of Waterloo.

Iwasaki, Y. (1996). Conceptualization and operationalization of lifestyle: Implications for leisure research. In P.J. Leckey & P. Heinzman (Eds.), *The Amazement of Leisure: Graduate Perspectives* (pp. 21-27). Proceedings of the *Fourth Graduate Leisure Research Symposium*, Department of Recreation and Leisure Studies, University of Waterloo.

Iwasaki, Y. (1995). An examination of the predictive and construct validity of the Intrinsic Leisure Motivation Personality Disposition Scale: An interactionist perspective. In C. O'Sullivan & D. Leith (Eds.), *The Many Faces of Leisure: Graduate Perspectives* (pp. 20-24). Proceedings of the *Third Graduate Leisure Research Symposium*, Department of Recreation and Leisure Studies, University of Waterloo.

Iwasaki, Y. (1994). The intrinsic leisure motivation personality as a moderator in the relationship between autonomy vs. controlling leisure situations and mood states. In C. Chesterfield & C. O'Sullivan (Eds.), *The Many Faces of Leisure: Graduate Perspectives* (pp. 4-6). Proceedings of the *Second Graduate Leisure Research Symposium*, Department of Recreation and Leisure Studies, University of Waterloo.

RESEARCH FUNDING RECORD

The acronyms **PI**, **CO**, and **PRA** are used to designate projects on which Dr. Iwasaki is the principal investigator (PI), a co-investigator (CO), or the principal research assistant (PRA). **Funding total = \$5,100,265.**

Year and Role	Title	Funding Source	Amount
2016 – 2018 Iwasaki (PI) , et al. (youth engagement research team)	Youth and community engagement for improving community practice and policy to support high-risk youth	PolicyWise for Children & Families	\$40,000
2016 Iwasaki (PI) , et al. (youth engagement research team)	Engaging and Inspiring “High-Risk, Marginalized” Youth: New Phase of Participatory Action Research (PAR)	Killam Research Operating Grant, University of Alberta	\$7,000
2014 – 2016 Iwasaki (PI) , et al. (youth engagement research team)	Supporting Engagement and Development of Marginalized Youth through System Change in Edmonton, Alberta	Community Service-Learning (CSL), Partnership Grant	\$20,000
2012 – 2014 Iwasaki (PI) , et al. (youth engagement research team)	Working with and engaging marginalized youth and families to make positive changes	Alberta Centre for Child, Family, and Community Research (ACCFRC)	\$40,000
2012 – 2014 Iwasaki (PI) , et al. (youth engagement research team)	Youth 4 YEG project	Edmonton Community Foundation, Young Edmonton Grants	\$3,000
2012 – 2013 Iwasaki (PI) , et al. (youth engagement research team)	Community-Based Participatory Action Research: Engaging Marginalized Youth to Address Homelessness and Related Issues	Community Research Projects Funding, Homeward Trust Edmonton	\$19,998
2013 – 2014 McLaughlin, A. (PI), Iwasaki, Y. , Pelech, W., & Enns, R. (CO)	Aging out of care: Rural youth in transition	Alberta Centre for Child, Family, and Community Research (ACCFRC)	\$39,875
2012 – 2014 Iwasaki (PI) , et al.	Pilot Study on Youth Engagement for Marginalized Youth and Families	Killam Research Fund Cornerstones Operating Grant, University of Alberta	\$50,000
2012 – 2013 Iwasaki (PI) , et al.	Building a Youth Engagement Framework for Marginalized Youth	Interdisciplinary Health Research Academy, Health Sciences Council, University of Alberta	\$10,000

2012 – 2013 Iwasaki (PI) , et al.	Youth-driven Action Research to Engage Urban-dwelling Marginalized Youth	Faculty of Extension, University of Alberta	\$10,000
2009 – 2012 Iwasaki, Y. (Lead-PI/Project Director), Coyle, C. (Co-PI), Shank, J. (Co-PI), Baron, D., Salzer, M., Mitchell, L., Ryan, L., & Koons, G.	CBPR on active living and recovery for racial/ethnic groups with mental illness	National Institutes of Health (NIH)/National Institute of Mental Health (NIMH). Grant/Award Number: R21MH086136	\$412,500 (\$275,000, direct costs; & \$137,500, indirect costs)
2005 – 2013 Bartlett, J. (PI); Iwasaki, Y. , Jovel, E., King, M., O'Neil, J., Pitama, S., Robertson, P., Smylie, J., Vedan, R. (CO)	Resilient indigenous health workforce networks: Constructing an international framework	International Collaborative Indigenous Health Research Partnership Grant; Canadian Institutes of Health Research (CIHR) & Health Research Council of New Zealand (HRC)	\$3,197,030
2008 – 2009 Iwasaki (PI) , Byrd & Baron	Pilot CBPR on cultural (Native and Non-Native) identities and mental health	Temple University Research Incentive Funds (RIF)	\$10,000
2004 – 2007 Iwasaki (PI) , Bartlett, Hall, Gottlieb, Mannell, O'Neil, & Forsyth (CO)	Stress/trauma and coping/healing among Aboriginal peoples with diabetes in an urban Manitoba community	Aboriginal Community-Based Research Initiative, Canadian Institutes of Health Research (CIHR), Institute of Aboriginal Peoples' Health (IAPH)	\$222,160
2005 – 2006 Iwasaki (PI) , Hutchinson & Forsyth (CO)	What factors make urban Aboriginal peoples and communities healthier?: Proposal development for participatory action research	Development Grants, Atlantic Aboriginal Health Research Program, Canadian Institutes of Health Research (CIHR), Institute of Aboriginal Peoples' Health (IAPH)	\$10,000
2004 Iwasaki (PI)	N/A	Rh Award, Social Science Category, University of Manitoba	\$5,000
2001 – 2004 Iwasaki (PI)	N/A	Manitoba Health Research Council (MHRC) Establishment Grant	\$87,200
2001 – 2004 Iwasaki (PI)	Contributions of leisure to coping with stress, health, and psychological well-being	Manitoba Health Research Council (MHRC) Operating Grant	\$90,000
1999 – 2005 Iwasaki (PI) , MacKay, Mactavish, Bartlett, Ristock, O'Neil, Mannell, Mahon, Tirone, & Heintzman (CO)	A Multidisciplinary and Collaborative Research Initiative for a Longitudinal Project on Stress, Coping, and Health	Social Sciences and Humanities Research Council of Canada (SSHRC); Strategic Grants; Research Development Initiatives (RDI) Program	\$60,000
2003 – 2004 Iwasaki (PI)	Developing a trans-disciplinary diversity project on stress and coping with mixed methods	Health, Leisure & Human Performance Research Institute Grant; University of Manitoba	\$3,900
2004 (Bartlett, PI) (Iwasaki , Elston, Robertson, Jovel, King, McCormick, Smylie, Vedan, Saunders, Sargent, CO)	Indigenous Health Networks and Resiliency	Development Grant for the International Collaborative Indigenous Health Research Partnership on Resiliency, Canadian Institute of Health Research (CIHR), National Health and Medical Research Council of Australia (NHMRC), & Health	\$15,000

		Research Council of New Zealand (HRC NZ)	
2003-2007 (Mactavish, PI) (Mahon, Lutfiyya, MacKay, Iwasaki , Studholme, & Rodrigue, CO)	Individuals with Intellectual Disability and Family Perspectives on Quality of Life: An Interdisciplinary, Grounded Theory Approach to Extending Understanding	Social Sciences and Humanities Research Council of Canada (SSHRC), Standard Research Grant Program	\$120,000
2002 - 2007 (Bruce, PI) (Menec, Young, O'Neil, Bartlett, Iwasaki , Daniel, CO)	The relationship between stress and diabetes in a Manitoba First Nations population	Canadian Institutes of Health Research (CIHR), Institute for Aboriginal Peoples' Health (IAPH) Strategic Initiatives	\$148,604
2001 - 2004 (Zuzanek, PI) (Mannell, Iwasaki , Thompson, Breedveld, van den Broek, Niemi, Paakkonen, Robinson CO)	How are Canadian adolescents developing in comparison with adolescents in other wealthy countries: Time use, time pressure, emotional well-being, and health?	Health Canada, Canadian Population Health Initiative (CPHI) Research Project Funding	\$98,000
1999 - 2003 (Zuzanek, PI) (Mannell, Iwasaki , Thompson, & Heintzman, CO)	The Relationship of Time Pressure, Psychological Stress and Health: The Work-Family Interface	Social Sciences and Humanities Research Council of Canada (SSHRC); Strategic Theme: Society, Culture and the Health of Canadians	\$305,000
2002 Iwasaki (PI) (Havitz, CO)	Involvement-loyalty relationships in recreation service contexts: A longitudinal follow-up study	Bridge funding support for SSHRC proposal II, University of Manitoba	\$4,188
2001 Iwasaki (PI) (Havitz, CO)	Involvement-loyalty relationships in recreation service contexts: A longitudinal follow-up study	Bridge funding support for SSHRC proposal I, University of Manitoba	\$4,984
1999 (Zuzanek, PI) (Mannell, Iwasaki , Thompson, & Heintzman, CO)	The Relationship of Time Pressure, Psychological Stress and Health: The Work-Family Interface	Funding for development of full proposal following submission of letter of intent; Social Sciences and Humanities Research Council of Canada (SSHRC); Strategic Theme: Society, Culture and the Health of Canadians	\$5,000
1999 - 2001 Iwasaki (PI) (Butcher, CO)	A Longitudinal Analysis of the Relationships between Leisure Styles, Stress, and Health-Related Quality of Life: A Pilot Study of a Ten-Year Project	Health, Leisure & Human Performance Research Institute (HLHPRI) Grant; University of Manitoba	\$3,500
1999 - 2001 Iwasaki (PI) (Mannell & Smale, CO)	A Longitudinal Analysis of Leisure Stress-Coping	University of Manitoba/Social Sciences and Humanities Research Council (UM/SSHRC) Grant	\$4,960
1999 - 2001 Iwasaki (PI) (Havitz, CO)	A Longitudinal Analysis of the Relationships between Involvement, Psychological Commitment, and Loyalty to Leisure Agencies: First Stage of a Ten-Year Project	University Research Grants Program (URGP); University of Manitoba	\$4,810

1997 - 1998 Iwasaki (PRA) (Zuzanek, PI) (Mannell, Smale, & Kates, CO)	Longitudinal Analysis of the Relationships between Stress, Leisure, Coping and Health	National Health Research Development Program (NHRDP)	\$30,000
1996 - 1997 Iwasaki (PRA) (Zuzanek, PI) (Mannell, Smale, & Kates, CO)	Relationships between Stress, Physically Active Leisure, Physical and Mental Health, and a Sense of Well-Being as a Function of Life-Cycle and Multiple Role Conflict	National Health Research Development Program (NHRDP)	\$40,000
1997 Iwasaki (PI) (Smale, CO)	Longitudinal Analyses of the Relationships among Life Transitions, Chronic Health Problems, Leisure, & Well-Being	Research grant funded from the Department of Recreation and Leisure Studies; Applied Health Sciences, University of Waterloo	\$4,681

ACADEMIC, PROFESSIONAL, AND COMMUNITY SERVICES

Editorial or Review Works:

Editor, *Leisure/Loisir: Journal of the Canadian Association for Leisure Studies*
January 2003 - December 2008 (2 terms)

Associate Editor, *Journal of Leisure Research (JLR)*
July 2001 - June 2016 (4 terms)

Editorial Board Member, *International Journal of Stress Management (IJSM)*
January 2005 - December 2013

Associate Editor, *Therapeutic Recreation Journal (TRJ)*
September 2004 - December 2012

Associate Editor, *Leisure/Loisir: Journal of the Canadian Association for Leisure Studies*
January 2000 - December 2002

Guest Co-Editor, Special issue of *Therapeutic Recreation Journal* on “Mental health and transcending life challenges: The role of therapeutic recreation services”
September 2006 - December 2007

Guest Co-Editor, Special issue of *Leisure Sciences: An Interdisciplinary Journal* on “Leisure, Stress and Coping”
October 2001 - December 2002.

External reviewer of a proposal submitted to *Social Sciences and Humanities Research Council of Canada (SSHRC)*
December 2004; December 2003; January 2008; April 2010; February 2014; November 2015; Spring 2019

External reviewer of a proposal submitted to New Emerging Team Grants, the *Canadian Institutes of Health Research (CIHR)*, the Institute of Nutrition Metabolism and Diabetes
Spring 2004

Grant review committee member in the area of Social/Population Health for the *Manitoba Health Research Council (MHRC)* competition
Winter/Spring 2004; Winter/Spring 2005

External reviewer of a proposal on acculturation, leisure, and health/wellbeing for *NRF (National Research Foundation) of Korea* Spring 2015

External reviewer of *Mitacs Elevate and Exhilarate* research proposals
Spring 2015, Winter 2016, Spring 2017

External reviewer of research proposal submitted to *Czech Science Foundation*
Fall 2012

External reviewer of research proposal submitted for Research Projects Grants scheme, Research Funding and Policy
Division, *Health Research Board, Government of Ireland*, January 2004

External reviewer of research proposals submitted for the *Nova Scotia Health Research Foundation, Grant Competition*
Summer 2005, Summer 2006, Summer 2014, Spring, 2015, Spring, 2016

Reviewer of research proposals submitted to Research Grants Program coordinated by the *Ontario Workplace Safety and Insurance Board*
March 2000; March 2002; March 2003; March 2005; March 2006; March 2010; March 2011

Reviewer of research proposal on neurosciences, *Catalan Agency for Health Technology Assessment and Research*,
Barcelona, Spain
February 2006

Reviewer of abstracts submitted for the 2002 *National Recreation and Park Association (NRPA) Leisure Research Symposium* in Tampa, Florida (Topical Area: Psychological/social psychological aspects of leisure)
February 2002

Review Coordinator of manuscript submitted to *Leisure/Loisir: Journal of the Canadian Association for Leisure Studies*
(formally *Journal of Applied Recreation Research*)
August 1998, September 1999

Review Coordinator of manuscript submitted to *Leisure Sciences*
Winter 2011

Invited manuscript reviewer of a large number of academic and professional interdisciplinary journals including:
Social Science & Medicine; Journal of Happiness Studies; Applied Research in Quality of Life; International Journal of Qualitative Methods; Psychology & Health; BMC Psychiatry; BMJ Open; Health Education Research; Youth & Society; International Journal of Intercultural Relations; International Journal of Environmental Research and Public Health; Community Mental Health Journal; Perspectives in Public Health; Preventive Medicine; Journal of Social and Clinical Psychology (JSCP); Medicine & Science in Sports & Exercise; Work & Stress; Aging and Mental Health; Canadian Journal of Public Health/Revue canadienne de santé publique; Ethnicity and Health; Psychology, Health & Medicine; Psychology of Sport & Exercise; Journal of Environmental Planning and Management/Landscape Research; European Journal of Personality; Motivation and Emotion; International Journal of Stress Management; Education, Citizenship and Social Justice; International Journal of Yoga Therapy; Canadian Journal of Behavioral Science; Qualitative Research in Sport and Exercise; Engaged Scholar Journal: Community-Based Research, Teaching and Learning; Journal of Cross-Cultural Gerontology; Journal of Leisure Research; Leisure Sciences: An Interdisciplinary Journal; World Leisure Journal; Leisure Studies; Therapeutic Recreation Journal; Annals of Tourism Research; Annals of Leisure Research; and Leisure/Loisir: Journal of the Canadian Association for Leisure Studies.

Invited Research, Professional, or Community Presentations:

Iwasaki, Y. (December 1, 2017). University leadership in transformation of vulnerability (academic keynote address).
2017 Global Challenges Conference: Transforming Vulnerability. University of Wollongong, Australia

Iwasaki, Y. (November 30, 2017). Transforming vulnerable lives through meaning-making: Importance of leisure and recreation (public keynote address). *2017 Global Challenges Conference: Transforming Vulnerability*. University of Wollongong, Australia

Iwasaki, Y. & Youth4YEG youth leaders (January 30, 2017). "Youth Engagement" Workshop for Family Centre Youth Liaison Initiative, Faculty of Extension, University of Alberta

- Iwasaki, Y. (March 22, 2016). Invited seminar at *CBR Research & Learning Symposium — Learning Citizenship in Everyday Life: Contributions of Community-Based Participatory Research; Community-Service Learning (CSL)*, University of Alberta
- Iwasaki, Y. (March 17, 2016). Seminar presentation titled, “Engaging youth with high-risk conditions,” invited by *Alberta Ministry of Human Services; Research, Evaluation and Analysis Advisory Committee (REACHS) Knowledge Seminar Series*, Edmonton, Alberta
- Iwasaki, Y. (November 7, 2015). Meaning-Making and Engagement: Inspiration for Meaningful and Engaged Life. Invited keynote address at *Annual General Meeting of Edmonton Multicultural Coalition, Edmonton Intercultural Centre*, Alberta.
- Iwasaki, Y. (March 17, 2014). A framework for engaging marginalized youth. Invited research presentation at *Edmonton Homelessness Research Symposium* within a panel session, “Towards inclusion: Engagement and social support.” Coast Edmonton Plaza Hotel, Alberta.
- Iwasaki, Y. (September 6, 2013). Invited panel member, Youth Homelessness Pilot Project Kicks off with Panel Discussion, organized by *Homeward Trust Edmonton*, Alberta.
- Iwasaki, Y. (October 26, 2012). Invited guest speaker for Community-based Research and Evaluation (CBRE) Workshop Series: An Introduction to CBRE, *Faculty of Extension, University of Alberta*.
- Iwasaki, Y. (March 25, 2009). Cultural Activities and Health among Urban-Dwelling Indigenous Peoples in a Global Context. Invited research seminar. Intercollegiate Consortium for Indigenous Knowledge and Department of Recreation, Park, and Tourism Management, *Pennsylvania State University*.
- Iwasaki, Y. (December 15, 2008). Leisure as a Context for Active Living and Health/Life Quality in Diverse Society. Invited research presentation. Department of Recreation, Park, Sport and Tourism, College of Applied Health Sciences, *University of Illinois at Urbana-Champaign*.
- Iwasaki, Y. (January 15, 2007). Cultures and power-imbalance in global societies. Invited educational consulting and presentation during Dr. Martin Luther King, Jr. (MLK) Day at the *George School, Private Quaker Boarding School* in Newtown, Pennsylvania.
- Iwasaki, Y. (December 7, 2005). Fighting obesity and inactive lifestyle through active leisure: Beyond physical activity. Invited paper presentation in the *Health, Leisure & Human Performance (HLHP) Research Institute Seminar Series*, University of Manitoba.
- Iwasaki, Y. (November 16, 2005). Stress, coping, and health in a diverse Society: People-centered research. Invited research presentation. Department of Therapeutic Recreation, College of Health Professions, *Temple University*, Philadelphia, Pennsylvania.
- Iwasaki, Y. (November 19, 2004). Voices of diversity on stress and coping. Invited paper presentation in a colloquium series, *Department of Psychology, University of Manitoba*.
- Iwasaki, Y. (February 11, 2004). CIHR research project presentation for health policy-makers and service providers at a community information session. *Aboriginal Health and Wellness Centre of Winnipeg*.
- Iwasaki, Y. (January 15, 2004). Invited research presentation, entitled “Stress, coping, and health in a diverse society.” Faculty of Health Sciences, *University of Ottawa*.
- Iwasaki, Y. (April 29, 2003). Presentation for potential community collaborators, entitled “Stress/Trauma and Coping/Healing among Aboriginal Peoples with Diabetes in an Urban Manitoba Community.” *Aboriginal Health and Wellness Centre of Winnipeg*.
- Iwasaki, Y. (March 24, 2000). Relationships among stress, coping and health. Invited paper presentation in the *Health, Leisure & Human Performance (HLHP) Research Institute Seminar Series*, University of Manitoba.

Iwasaki, Y. (February 21, 2000). Stress, coping, and health. Invited presentation for Professional Development Day of teachers in *Agassiz School Division*, Beausejour, Manitoba.

Mahon, M., Segall, A., MacKay, K., & Iwasaki, Y. (September 14, 1999). Invited presentation to Marc Renault (President of Social Sciences and Humanities Research Council of Canada). *Health, Leisure & Human Performance Research Institute*, University of Manitoba.

Iwasaki, Y. (February 22, 1999). How can social psychological ideas help you improve service quality in the leisure industry? Invited presentation at *Connections '99, Recreation Connections Manitoba*, Winnipeg.

Invited Lectures or Seminars:

Iwasaki, Y. (March 4, 2019). Invited lecture/seminar for HS 165: The Health Professional (Kevin Roe, Instructor), entitled "Applying leadership principles to public health contexts." *Department of Health Science and Recreation, San Jose State University*.

Iwasaki, Y. (February 26, 2019). Invited lecture/seminar for RECL 152: Non-Profit Leadership and Management (Monique Duphily, Instructor), entitled "Applying leadership principles to recreation management contexts." *Department of Health Science and Recreation, San Jose State University*.

Iwasaki, Y. (January 29, 2016). Invited seminar for students, faculty members, and community partners, entitled "Meaning-making and leisure." *Faculty of Physical Education & Recreation, University of Alberta*.

Iwasaki, Y. (November 4, 2014). Special customized session on research and publishing for China Scholarship Council Visiting Professors, *Teaching in English Program, Faculty of Extension, University of Alberta*.

Iwasaki, Y. (September 28, 2012). Guest Lecture for *Life, Leisure, and the Pursuit of Happiness* (RLS 100), titled "Stressful Living and Leisure as a Coping Pursuit," *Faculty of Physical Education and Recreation, University of Alberta*.

Iwasaki, Y. (April 17, 2008). Guest Lecture for Dr. Joanna Maselko's students in *PH8011: Social Determinants of Health*, entitled "Culture and Community as Social Determinants of Health from a Global Perspective," *Department of Public Health, Temple University*.

Iwasaki, Y. (November 24, 2005). Facilitator, "Panel of role models," *Concepts of Recreation and Leisure* (123.140), Faculty of Physical Education and Recreation Studies, University of Manitoba.

Iwasaki, Y. (September 20, 2005). Dimensions of leisure behaviour. Guest lecture presented for Dr. Kelly MacKay's students, *Concepts of Recreation and Leisure* (123.140), Faculty of Physical Education and Recreation Studies, University of Manitoba.

Iwasaki, Y. (March 31, 2005). Education, Research Journals and Conferences (Chapter 12). Guest lecture presented for Ms. Colleen Plumton's students, *Concepts of Recreation and Leisure* (123.140), Faculty of Physical Education and Recreation Studies, University of Manitoba.

Iwasaki, Y. (November 30, 2004). Education, Research Journals and Conferences (Chapter 12). Guest lecture presented for Dr. Michael Campbell's students, *Concepts of Recreation and Leisure* (123.140), Faculty of Physical Education and Recreation Studies, University of Manitoba.

Iwasaki, Y. (2002). Concepts and Philosophical Underpinning (Chapter 3). Guest lecture presented for Ms. Colleen Plumton's students, *Concepts of Recreation and Leisure* (123.140), Faculty of Physical Education and Recreation Studies, University of Manitoba.

Iwasaki, Y. (2001). Dimensions of leisure behaviour. Guest lecture presented for Ms. Colleen Plumton's students, *Concepts of Recreation and Leisure* (123.140), Faculty of Physical Education and Recreation Studies, University of Manitoba.

- Iwasaki, Y. (2000). Example of multivariate analyses: How do we examine relationships? Invited seminar for graduate students in *Research and Quantitative Methods/Thesis Preparation Seminar* (57.709; 123.702); Coordinator: Dr. Daniel Bailis, University of Manitoba.
- Iwasaki, Y. (2000). Relationships among leisure, stress, and health. Guest lecture presented for Dr. Roger C. Mannell and his students, *Special Topic Course: Social and Psychological Aspects of Leisure* (123.420), Faculty of Physical Education and Recreation Studies, University of Manitoba.
- Iwasaki, Y. (2000). Dimensions of leisure behaviour. Guest lecture presented for Prof. Jack Harper and his students, *Concepts of Recreation and Leisure* (123.140), Faculty of Physical Education and Recreation Studies, University of Manitoba.
- Iwasaki, Y. (1999). Example of multivariate analyses: How do we examine relationships? Invited seminar for graduate students in *Research and Quantitative Methods/Thesis Preparation Seminar* (57.709; 123.702); Coordinator: Dr. Judith Chipperfield, University of Manitoba.
- Iwasaki, Y. (1999). Social psychology of recreation and leisure. Guest lecture presented for Ms. Colleen Plumton and her students, *Concepts of Recreation and Leisure* (123.140), Faculty of Physical Education and Recreation Studies, University of Manitoba.
- Iwasaki, Y. (November 13, 1998). Leisure stress-coping: Reconceptualizations and analyses. Invited paper presentation in the Health, Leisure & Human Performance (HLHP) Research Institute Seminar Series, University of Manitoba.
- Iwasaki, Y. (1998). An example for the study of relationships between leisure-related variables. Invited research seminar for graduate students in *Research and Quantitative Methods in Physical Education* (57.709; 123.702); Coordinator: Dr. Judith Chipperfield, University of Manitoba.
- Iwasaki, Y. (1996). Lifestyles and cultures in Japan: Historical and philosophical perspectives. Guest lecture presented for Dr. Donald J. McLean and his students, *Philosophy of Leisure* (REC 300), Department of Recreation and Leisure Studies, University of Waterloo.
- Iwasaki, Y. (1995). A social psychological interactionist perspective, leisure motivation, and leisure-specific personality. Guest lecture presented for Dr. Roger C. Mannell and his students, *Social Psychology of Leisure* (REC 205), Department of Recreation and Leisure Studies, University of Waterloo.

Student Advising:

Thesis Advisor or Committee Member:

- Edrick Andrews (Advisor, MA in Community Engagement, Faculty of Extension, University of Alberta; Thesis title—A Purposeful Music Program for Traumatized Youth; May 2016 to June 2020)
- Loring Chuchmach (Thesis Committee Member; MSc; Thesis title—The mediational role of perceived control between health status and life satisfaction in an elderly community-dwelling population; University of Manitoba; Thesis defended in August 2002)
- Helen Cote (Doctoral Thesis Committee Member; Department of Environment, Earth, and Resources; Thesis Title—“Pre-Contact Aboriginal Health Systems”; University of Manitoba; January 2005 to July 2006)
- Shaun Craig (Acting Advisor & Thesis Committee Member; MA; Concentration—Leisure identity and community development; University of Manitoba; January-June 2004)
- Julia Froese (Advisor, PhD, Faculty of Physical Education and Recreation, University of Alberta; Potential dissertation title—Meaning-making and engagement with life through leisure for people bereaving suicide loss; Fall 2017 to June 2020)
- Kyla Gard (Thesis Committee Member; MA; University of Manitoba; September 2004 to June 2006)
- Jingjing Gui (Doctoral Candidacy Exam and Dissertation Committee Member; Faculty of Physical Education & Recreation, University of Alberta; Dissertation Title—Leisure Conceptualizations, Ideal Affect during Leisure, and Leisure Interpretations in China and Canada; September 2016 to July 2018)
- Pamela Holens (Doctoral Dissertation/Thesis Committee Member; Clinical Psychology, University of Manitoba; Thesis Title—“Adult attachment styles: A comparison between psychologically maltreated and non-maltreated

individuals using self-report and projective methods”; Final defense approved on August 10, 2009; 2005 to August 2009)

- Pamela Holens (Committee Member; Ph.D. Candidacy Exams; Clinical Psychology, University of Manitoba; 2003 to 2005)
- Tristan Hopper (Co-Advisor; Ph.D., Faculty of Physical Education & Recreation Studies, University of Alberta; Dissertation Title—Meaningfully engaging “at-risk” youth in leisure contexts; May 2015 to July 2018)—Currently working as Assistant Professor, Faculty of Kinesiology & Health Studies at the University of Regina, Saskatchewan, Canada
- Yuhei Inoue (Doctoral dissertation internal-external examiner, School of Tourism & Hospitality Management, Temple University, Dissertation Title—Corporate Social Responsibility in the Sport Industry, Spring 2011)
- Eiji Ito (Doctoral Dissertation Committee Member/Internal Arms-length Examiner, Faculty of Physical Education and Recreation Studies, University of Alberta; Dissertation title—The Effects of Culture on Leisure Conceptualizations, Control, and Affect between Japanese and Canadian University Students; University of Alberta; Fall 2011 to Spring 2014)
- Eiji Ito (Examiner, Doctoral Candidacy Exam, Faculty of Physical Education and Recreation Studies, University of Alberta; Fall 2011 to Winter 2014)
- Danae Johnson (Advisor; Honour’s thesis; Department of Psychology, University of Manitoba; Thesis title—Effects of physically active leisure on changes in body image and moods among middle-aged women; September 2002 to April 2003)
- Ju Sung Kim (Advisor; MA; Thesis title—The role of leisure meanings in moderating acculturation stress of adults with Korean ethnicity in Winnipeg, Manitoba, Canada; University of Manitoba; September 2004 - December 2008; Final defense approved on December 1, 2008)
- Shintaro Kono (Supervisory Committee Member, Ph.D. candidate, Faculty of Physical Education and Recreation, University of Alberta; Dissertation Title—Theorizing Linkages between Ikigai and Leisure among Japanese University Students: A Mixed Method Approach using Grounded Theory and Structural Equation Modeling; September 2014 to July 2018)
- Raimey Kotz (Advisor; Honour’s thesis; Department of Psychology, University of Manitoba; Thesis title—The effects of optimism on recovery time from athletic injury; September 2003 - April 2004)
- Pascal Lambert (Advisor; Honour’s thesis; Department of Psychology, University of Manitoba; September 2001 to April 2002; Thesis title—Aerobic exercise and stress: Coping strategies and adaptational outcomes)
- Megan Lukasewich (Thesis Committee Member; MSc, Centre for Health Promotion Studies, School of Public Health, University of Alberta; Thesis title—“It was a once in a lifetime opportunity”: The power of participating in a video research project for Aboriginal youth; March 2013 to March 2015; thesis defended on March 26, 2015)
- Emily Messina (Advisor; PhD in Public Health, Temple University, Pennsylvania; September 2007 - May 2011); Dissertation Title—Examining the Effects of Structured and Non-Structured Therapeutic Activity Programming in a Forensic Mental Health Treatment Facility; Final defense approved in May 2011 — Currently working as Associate Professor & Director, Therapeutic Recreation Program, College of Health Science and Public Health, Eastern Washington State University, Spokane, Washington
- Naureen Mumtaz (Academic mentor; PhD candidate, Art & Design and Education, University of Alberta; January 2016 to July 2018)
- Michelle Nelson (Thesis Committee Member; MA; September 2003 - August 2006; Thesis title—Community reintegration by people with brain injuries: Comparing perspectives; University of Manitoba; Proposal accepted on May 10, 2004; Thesis defended and accepted on May 2, 2006)
- Mariam Oma (Advisor; MA; May 2000 - June 2005; Thesis title—Examining the relations between recreation participation and quality of life among residents of a long-term care facility: Counteracting loneliness, depression, and boredom; University of Manitoba; Thesis defended and accepted on June 20, 2005)
- Heather Porter [Advisor & Dissertation Committee Chair; Ph.D.; September 2006 - April 2009]; Dissertation title—Developing a Leisure Meanings Gained and Outcomes Scale (LMGOS) and Exploring Associations of Leisure Meanings to Leisure Time Physical Activity Adherence among Adults with Type 2 Diabetes; Proposal approved on August 26, 2008; Recipient of Dissertation Completion Award; Final defense approved on April 21, 2009, Temple University—Currently working as Associate Professor, Department of Health and Rehabilitation Sciences, College of Public Health, Temple University, Philadelphia, Pennsylvania
- Julie Rhymer (Advisor; MA; January 2002 - August 2006); Thesis title—Policy, programming, and structure: Factors influencing recent immigrants’ utilization of recreation services; University of Manitoba; Thesis defended and approved on March 20, 2006

- Joan Roberts (Advisor; MA; September 2003 - August 2006; University of Manitoba; Concentration—Volunteerism, health, and leisure)
- Maki Sakata, (External Thesis Committee Member; MA; Thesis title—Perceptions and understanding of family violence among Japanese Canadians; Faculty of Social Work, University of Calgary; June 2012 to August 2012; Thesis defence approved on August 9, 2012)
- Sandy Schinfeld (Doctoral thesis committee member; PhD in Public Health, Temple University, Pennsylvania; Dissertation title: Unmitigated Communion and Depressive Symptoms in Spouses of Men with Prostate Cancer: The Role of Social Constraints and Self-Esteem; September 2006 - February 2008)
- Michael Sirant (Advisor; MA; January 2001- August 2006; University of Manitoba; Concentration—Sport and recreation management)
- Miao Sun (Advisor; MA; September 2005 - August 2006; University of Manitoba; Concentration—Leisure and health)
- Gary Thompson (Advisor; MA; September 2001- August 2006; University of Manitoba; Concentration—Applied social psychology of leisure)
- Patricia Whelan (Advisor; PhD; Dissertation title—A Participatory Case Study on Youth’s Emergency Room Experience through Youth Engagement as a Change Agent; June 2015 - July 2018; Social Sciences Program, Royal Roads University, Victoria, British Columbia, Canada)

Directed Study Advisor:

- Edrick Andrews (MA; Topic—Youth in trauma: Can engagement cure their ills?; Fall 2016)
- Helen Cote (PhD; 53.701, Diabetes, stress, and First Nations; Department of Environment and Geography; Summer & Fall, 2005)
- Shaun Craig (MA; Topic—Symbolic interactionism, serious leisure, and volunteers, Winter 2005)
- Julia Froese (PhD; Topic—Leisure and meaning-making in suicide survivors, Fall 2017)
- Tristan Hopper (PhD; Topic—Youth labeled at-risk and the importance of leisure, Fall 2015)
- Jane Hurly (PhD; Topic—Meanings of leisure: Refugees’ perspectives, Spring 2017)
- Sylvia Jennings (MA; Topic—Occupational stress, coping and health, Fall 2001)
- Emily Messina (PhD; Topic—Community-based participatory research for health, TR9282, Fall 2007)
- Mariam Oma (MA; Topic—Leisure and aging, Fall 2002)
- Heather Porter (PhD; Topic— Conceptual and measurement development of Leisure Meanings and Outcomes Gained Scale [LMOGS], TR9382, Fall 2007)
- Julie Rhymer (MA; Topics—To complete her requirements for 123.701, Winter 2002; Families together program for new Canadians and immigrants, Summer 2002; Agency-based barriers to immigrant participation and service accessibility, Spring 2002)
- Joan Roberts (Undergraduate; Topic—Serving on a recreation board as a form of serious leisure, Fall & Winter 2001)
- Shaun Craig (MA; Topic—Social identity and leisure, Winter 2004)
- Michael Sirant (MA; Topic—Sport marketing theories and research methods, Winter 2002)
- Zhuzhu Ma (MA; To complete her requirements for 123.701, Winter 2002)
- Gary Thompson (MA; Topics—Self-regulation as related to leisure behavior; Spring 2002; Self-control failure in relation to leisure behavior, Summer 2002)

Undergraduate Student Advisor: About 15 students per year (July 1998 to June 2006), Faculty of Physical Education and Recreation Studies, University of Manitoba

Faculty and University Services:

Fall 2019 to present: Appointed member, Strategic Planning Steering Committee, San Jose State University (SJSU)

Representing the University Council of Chairs and Directors (UCCD), I have been appointed by the Executive Committee of Academic Senate to serve this university-wide committee. As a special agency of the Academic Senate, “the Strategic Planning Steering Committee (SPSC) is responsible for advising the President on all aspects of the development, implementation, evaluation, and revision of a strategic plan for SJSU. The committee is responsible for the ongoing review of the planning process and for communication and engagement with campus constituents to sustain the plan’s legitimacy and efficacy.”

Spring 2021 to present	Member, Taskforce on Fall 2021 and Five-Year Planning for SJSU, appointed by Provost Del Casino
Spring 2021 to present	Member, Taskforce on the Office of Diversity, Equity and Inclusion (ODEI)-College of Health and Human Services (CHHS) partnership, SJSU
Spring 2020 to present	Member, Taskforce on Creating a New Mobility Geography for SJSU, appointed by Provost Del Casino
Fall 2018 to present	Chair, Retention-Tenure-Promotion (RTP) Committee, Department of Public Health and Recreation (PHR), College of Health and Human Sciences (CHHS), San Jose State University (SJSU)
Fall 2018 to present	Member, University Council of Chairs and Directors (UCCD), SJSU
Fall 2018 to present	Member, Chairs & Directors Council, CHHS, SJSU
Fall 2019 to present	RTP committee member, SJSU's Department of Audiology, CHHS
Fall 2018 to present	Chair, Faculty Search Committee, Department of PHR, CHHS, SJSU
Fall, 2017 - Summer, 2018	Chair, Faculty Evaluation Committee (FEC), Faculty of Extension, University of Alberta
Fall, 2012 - Summer, 2018	Executive Planning & Priorities Committee (EPPC) Member, Faculty of Extension, University of Alberta
Fall, 2014 - Summer, 2018	Faculty representative, Faculty of Extension, Association for Academic Staff University of Alberta (AASUA)
Fall, 2013 - Summer, 2018	Associate Deans of Graduate Studies/Research Committee Member, University of Alberta
Spring 2012 - Summer, 2018	University Research Policy Committee (URPC) Member, University of Alberta
Spring 2012 - Summer, 2018	Social Sciences and Humanities Research Council of Canada (SSHRC) Leaders Committee Member, University of Alberta
Fall 2012 - June 2015	Faculty Evaluation Committee (FEC) Member, Faculty of Extension, University of Alberta
Fall 2011 - Spring 2014	Steering Committee Member, Interdisciplinary Health Research Academy (IHRA), Health Sciences Council, University of Alberta
Fall 2011 - Fall 2012	Certificate Advisory Committee (CAC) Member, Community-Based Research and Evaluation (CBRE) Certificate Program, Community-University Partnership for the Study of Children, Youth, and Families (CUP), Faculty of Extension, University of Alberta
Fall 2010 - Spring 2011	Interdisciplinary Activities Committee (e.g., organizing Student-Faculty Research Day), College of Health Professions & Social Work, Temple University
Fall 2010 - Spring 2011	Tenure-Track faculty search committee, Department of Rehabilitation Sciences, College of Health Professions & Social Work, Temple University
Fall 2006 - Spring 2011	Graduate Program Committee Member, M.Sc. in Therapeutic Recreation, Temple University.
Fall 2006 - Spring 2011	Graduate Program Committee Member, Ph.D. in Public Health (formally Health Studies), Temple University.

Spring 2010	Appointed committee member, Merger/Alignment of Departments of Occupational Therapy (OT) and Therapeutic Recreation (TR), College of Health Professions & Social Work, Temple University
Fall 2009	Chair, Departmental Promotion Committee (for Dr. Coyle), Department of Therapeutic Recreation, College of Health Professions & Social Work, Temple University
Fall 2009	Appointed member, College of Health Professions and Social Work Alignment Task Force
Fall 2009	Appointed member, Department Chair Search, Rehabilitation Sciences, College of Health Professions and Social Work
Fall 2007 - Spring 2009	Appointed Member of the University-Wide Tenure and Promotion Committee, Temple University.
Fall 2006 - Spring 2009	Member of Task Force, Interdisciplinary Ph.D. in Health Ecology, College of Health Professions, Temple University.
Fall 2006 - Spring 2009	Graduate Council Member, College of Health Professions, Temple University.
Fall 2007 - Spring 2009	Member of the Research, Study Leaves, and Awards Committee, College of Health Professions, Temple University.
Spring 2008	Faculty search committee member, Department of Therapeutic Recreation, Temple University
Fall 2007	Admission Committee Member, Ph.D. in Public Health, Temple University
Spring 2007	Appointed Member of Ad Hoc Promotion & Tenure Review Committee (for Dr. Laura Gitlin, Department of Occupational Therapy), College of Health Professions, Temple University.
July 1998 - June 2006	Bachelor of Recreation Management and Community Development (BRMCD) Curriculum Review Committee and Selection Committee Member, University of Manitoba Graduate Program Committee Member, Faculty of Physical Education & Recreation Studies (FPERS), University of Manitoba Library Services Representative, BRMCD, University of Manitoba
July 2005 - June 2006	Faculty's representative on the Executive Committee, Faculty of Graduate Studies, University of Manitoba
May 2002 - April 2006	Faculty's representative for the university-wide Faculty Council of Graduate Studies, University of Manitoba
Fall, 2002	Tenure Review Committee Member (for Dr. J. Halas), FPERS, University of Manitoba Promotion Review Committee Member (for Dr. D. Bailis), FPERS, University of Manitoba
May 31, 2001	Marshal at the 122st Convocation, University of Manitoba
Fall, 2000	Promotion Review Committee Member (for Dr. M. Porter), FPERS, University of Manitoba
Summer, 2000	Reviewer, Ethics Review, FPERS, University of Manitoba

Local, Regional, National, or International Professional and Community Services:

Fall 2018 to present	Invited member, California Association of Schools and Programs of Public Health (C-ASPPH) comprised of Deans, Directors, and Chairs representing 27 Universities including 7 from the University of California (UC) System, 10 from the California State University (CSU) System, and 10 private universities (e.g., Stanford University) in California
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Fall 2018 to present	Invited member, California State University (CSU) Public Health Network consisting of Chairs and Directors of Public Health/Health Science Schools and Departments within the CSU System
Winter 2017 to present	Invited senior advisor, Recovery Camp, University of Wollongong, Australia http://recoverycamp.com.au/
Fall 2019	Invited to offer professional advice about establishing a public health degree for Dr. Richard Whitkus, Professor and Chair, Department of Biology, School of Science and Technology, Sonoma State University
Spring 2019	Invited external reviewer for the Collaborative Health and Human Services bachelor degree program in the Department of Health, Human Services and Public Policy Department within the College of Health Sciences and Human Services at California State University, Monterey Bay (CSUMB) https://csumb.edu/hhspp
Winter 2019	Invited external examiner, Promotion to Full Professor, Dr. Paul Heintzman, Faculty of Health Sciences, University of Ottawa, Ontario, Canada
Fall 2016 to Summer 2018	Invited consultant for youth liaison initiative, The Family Centre, Edmonton, Alberta
Fall 2016 to Summer 2018	Invited consultant for community engagement issues, Edmonton Chamber of Voluntary Organizations, Alberta
Fall 2015 to Summer 2018	Invited consultant for youth and community engagement issues, Candora Society of Edmonton, Alberta
Winter 2015-Summer 2018	Invited consultant/advisor, Family Connections, Inc., Edmonton, Alberta, including youth engagement facilitations at Spirit House (group home for “high-risk” youth)
Spring 2014-Summer 2018	Advisor/Consultant to Youth Engagement Initiatives, Homeward Trust Edmonton, Alberta
June 28, 2016	Moderator for session titled “Health and Happiness” (seven paper presentations), 2016 World Leisure Congress, Durban, South Africa
Fall 2013 to Spring 2015	Invited member, Alberta Teachers’ Association (ATA) Joint Stakeholder Committee on Children and Poverty
Spring 2013 to Winter 2016	Invited member, Mill Woods Youth Advisory Council, Alberta
Spring 2015	Invited contributor to Youth Consultation on Youth Mental Health Website, Government of Alberta and Alberta Centre for Child, Family, and Community Research (ACCFRCR)
January 22, 2015	Invited participant to High Risk Youth Homeless Strategy Discussions, Homeward Trust Edmonton, Alberta
Fall 2014	Invited External Reviewer for Application to Tenure and Promotion to Associate Professor, Dr. Steven Mock, Department of Recreation and Leisure Studies, Faculty of Applied Health Sciences, University of Waterloo, Ontario, Canada
Summer 2014	Invited External Reviewer, Dr. Heather Porter’s promotion to the rank of Associate Professor, Department of Rehabilitation Sciences, College of Health Professions and Social Work, Temple University, Philadelphia, Pennsylvania
Fall 2012 - Fall 2013	Executive Director Council Member, United Way of the Alberta Capital Region, Edmonton

Winter 2013	Invited External Reviewer, Dr. Corey Johnson's promotion to the rank of Full Professor, Department of Counseling and Human Development Services, College of Education, University of Georgia
January 16, 2013	Invited participant, Community Conversations, Aboriginal Policy & Community Engagement Division, Alberta Human Services, Government of Alberta
November 19, 2012	Invited by Mayor Steven Mandel to participate in "A Call to Action: The Mayor's Dialogue with the Human Service Sector," Edmonton, Alberta
Summer 2012	Invited External Reviewer for Dr. Seiko Goto's tenure and promotion, Rutgers University, New Jersey
Fall 2010 - Fall 2012	Advisory Committee Member/Community Based Participatory Research (CBPR) expert, Outreach to and engaging a community coalition for children with developmental disabilities regarding health promotion (NIH-funded project); Dr. Mary Segal (PI), Center for Obesity Research and Education, Temple University School of Medicine, Philadelphia, Pennsylvania
April 16-17, 2012	Invited Participant, Participatory Action Research (PAR) Roundtable, Banff, Alberta, facilitated by Dr. Jane Springett, Director, Centre for Health Promotion Studies, School of Public Health, University of Alberta, funded by Campus Alberta
May 2005 - April 2011	Member of the Board of Directors for the Canadian Association for Leisure Studies (CALS)
December 2006 - October 2008	Advisory Board Member, Civic Engagement Initiative for Older Immigrants, Center for Intergenerational Learning (CIL), College of Health Professions, Temple University
June 2004 - October 2006	Invited member of the International Advisory Committee (IAC) for the World Leisure Consensus Project, "Leisure and the Quality of Life," sponsored by the World Leisure. This project had been underway as part of the preparations for the World Leisure Expo 2006 which culminated in: (a) the Ninth World Leisure Congress and (b) a Leisure Summit to be held in Hangzhou, China in 2006. As stated in the Project Proposal, "World Expo 2006 has the potential to become 'the' landmark leisure event in the history of leisure and tourism." The overall goal of the World Leisure Consensus Project is to "develop a definitive set of statements about topics related to leisure (including recreation and tourism) that are critical to policy and practice in the leisure domain; for enhancing the quality of life; and for promoting social, cultural, and economic development."
Summer/Fall, 2006	Invited external referee for Dr. Laura Payne's tenure and promotion application, Department of Recreation, Sport and Tourism, University of Illinois at Urbana-Champaign.
May 19, 2005	Session chair, Session IIIb-Delivery System: Well-Being. <i>Eleventh Canadian Congress on Leisure Research: The Two Solitudes: Isolation or Impact?</i> Malaspina University College, Nanaimo, B.C.
April 2005 - March 2006	Vice-Chair, Board of Directors, Campus Day Care, Inc., University of Manitoba.
January 22, 2005	Volunteer contributor to Strategic Planning Day, Campus Day Care, Inc., University of Manitoba.
Fall, 2004	Invited external referee for Dr. Laurene Rehman's tenure and promotion application, School of Health and Human Performance, Dalhousie University, Nova Scotia, Canada.
Fall, 2003	Invited external referee for Dr. Gordon Walker's tenure and promotion application, Faculty of Physical Education and Recreation Studies, University of Alberta

Summer, 2001	Translation Services for Winnipeg Goldeyes Baseball Team
1999 - 2000	Connections 2000 Conference Planning Committee, Recreation Connections Manitoba,
February 25, 2000	Session Moderator, Planting the seeds: Homegrown research, Recreation Connections Manitoba 2000 Conference: Harvesting Recreation in the Millennium.
1996 - 1998	Mentor for Incoming Graduate Students, Graduate Student Association, Department of Recreation and Leisure Studies, University of Waterloo
October 23, 1996	Assistant Group Discussion Leader, Opening Session, National Recreation and Park Association (NRPA) Symposium on Leisure Research, Kansas City, Missouri
July 16, 1996	Session Chair, Social Psychology of Leisure II, Research Commission Paper Sessions, Fourth World Leisure and Recreation Association (WLRA) World Congress, Cardiff, UK
June 13, 1996	Presentation, B.C. Matthew Hall Opening Ceremony, Faculty of Applied Health Sciences, University of Waterloo, Ontario
1994 – 1995	Teaching and Research Assistantships Coordinator, Graduate Student Association, Department of Recreation and Leisure Studies, University of Waterloo
June 3, 1994	Translation Services, UW Tour for Waterloo County School Board and Japanese Teaching Delegation, Community Relations, Information and Public Affairs, University of Waterloo
Summer, 1992	Student Intern, Howard County Department of Parks and Recreation, Columbia, Maryland <ul style="list-style-type: none"> • Organized and coordinated junior sport camps • Managed sport and recreational facilities • Planned, promoted, administered, and evaluated sport and recreational programs
November 6, 1991	Presentation, Testimony to the Academic Restructuring Committee, University of Maryland
Media Coverage:	
April 12, 2021	Interview with a reporter from NPR’s Life Kit for a pod-cast episode about how to start a hobby https://www.npr.org/2021/05/15/996193143/a-knitter-a-rock-climber-and-a-mixologist-teach-us-how-to-find-a-hobby (May 15, 2021)
April 30, 2020	SJSU News titled “Green spaces give solace to students” https://sjsunews.com/article/green-spaces-give-solace-to-students
May 6, 2020	Interview with Marissa Evans, Reporter of Elemental: Your life, Sourced by Science (A new Medium publication about health and wellness) on the psychological benefits of puzzles amid the pandemic
April 16, 2020	Interview with Gia Pham, Reporter of San Jose State University (SJSU) Spartan Daily, COVID-19’s effect on urban planning: Story on how the public’s perception of green spaces may change post-pandemic
April 15, 2020	Interview with Derek Tahara, staff writer for the Nichi Bei Weekly, the Japanese American newspaper in San Francisco. The closing of Yamagami’s Nursery in Cupertino and the closing of all the nurseries in Santa Clara County, as “non-essential business”
September 23, 2019	Interview with Christian Trujano, Reporter of San Jose State University (SJSU) Spartan Daily on vaping, flavored tobacco, or e-cigarettes, and its broader public health issues (e.g., how people’s choices for those activities are contextualized within our contemporary society where opportunities for authentic, meaningful, and genuine human connections are very limited).

- January 12, 2018 Folio article based on interview with Bev Betkowski titled, “5 ways to bring meaning to your free time: How to boost your quality of life by pursuing leisure with purpose” (Folio is the brand journalism site of the University of Alberta).
<https://www.folio.ca/5-ways-to-bring-meaning-to-your-free-time>
- December 12, 2016 Interview with Guillermo Tupper — journalist from a major newspaper in Chile, *El Mercurio* (www.elmercurio.cl) about the importance of leisure time in the development of the brain
- March 11, 2016 Skype interview with German news magazine ZEIT ONLINE, The role of leisure in students’ lives
<http://www.zeit.de/campus/2016-04/freizeit-studium-hobbies-zeitmanagement-studieren>
- December 2015 *Keeping In Touch — Christmas “Wrap” Up for 2015, ACCFCR* (Alberta Centre for Child, Family and Community Research); Working with and engaging marginalized youth and families to make positive changes; Investigator: Yoshitaka Iwasaki, PhD
<http://myemail.constantcontact.com/Keeping-In-Touch---Christmas--Wrap--Up-for-2015.html?soid=1103011793799&aid=YzFqTS-RtSY>
- April 25, 2015 Boyle Street Education Centre hosts successful 2K15 Youth4YEG Forum, *Alberta Native News*
<http://www.albertanativenews.com/boyle-street-education-centre-hosts-2k15-youth-4-yeg-forum/>
- May 19, 2014 Positive Psychology in Different Populations, *Positive Psychology News Daily* to feature Canadian Positive Psychology Association Conference. Interviewed by Lisa Sansom on April 29, 2014
<http://positivepsychologynews.com/news/lisa-sansom/2014051928812>
- January 2014 CJSR Radio documentary, Street Bytes: Young & Restless,
<http://cjsrnews.squarespace.com/home/2014/1/6/street-bytes-young-restless>
- October 15, 2013 Phone interview about CUP and United Way Campaign with Beverly Betkowski, Communications Associate, *Marketing and Communications, University of Alberta*, “Partnership unites university and community in common cause: Community-University Partnership brings UAlberta research benefits to youth and families, with help from United Way campaign,” featured on October 15, 2013 (interviewed on October 2, 2013):
<http://news.ualberta.ca/newsarticles/2013/october/partnership-unites-university-community-in-common-cause>
- October 10, 2013 Radio interview about youth engagement research with Roshini Nair, CJSR Radio, Edmonton, Alberta
- July 13, 2009 Just for fun: New NIH grant funds research on how free-time activities can help recovery from mental illness, *Temple University News Communications*
- July 8, 2009 Looking at Leisure to Promote Mental Illness Recovery (about a new research project funded by the National Institutes of Health), *Mental Health and Bipolar Disorder News : bhope*
- July 16, 2007 Take vacation advice to heart, *Los Angeles Times* (phone interviewed on June 22, 07).
- July 13, 2007 Studio interview with Jim Cotter, Arts & Culture Editor for show titled, *Creatively Speaking, WRTI-FM* (90.1 FM – Philadelphia)—aired on July 14, 2007 at 11:30 am.
- June 30, 2007 Interview on concepts of leisure across various cultures, *Voice of America: Our World—Science, Technology & Health*; North Carolina Public Radio, WUNC FM 91.5 (phone interviewed on June 27, 2007).
- June 25, 2007 Phone interview with a reporter from *IslamOnline.net* regarding the role of leisure (including vacation) in health and life quality across cultures

- June 25, 2007 Health News: “Meaningful leisure” doesn’t need to be an exotic vacation, *Asia News International*.
- June 22, 2007 Health tips: Benefits of leisure, *United Press International*.
- June 22, 2007 For leisure benefits go for quality not quantity, *Medical News Today*.
- June 22, 2007 Good living: Discover true leisure at home, *Hindustan Times*.
- June 22, 2007 Thinking about an exotic vacation?: A professor of therapeutic recreation has revealed that simple activities at home can be just as evocative and gratifying as an exotic vacation, *Indiatimes, Lifestyle*.
- June 21, 2007 Meaningful leisure can mean many things, *First Science News*.
- December 7, 2006 Introducing new faculty, *Temple Times*, Vol. 37, No. 15, p. 3.
- August 18, 2005 “Research project links Canada and New Zealand,” *The University of Manitoba Bulletin*, Volume 39, Issue 8, p. 3.
- January 5, 2005 Newspaper article: Study focuses on Aboriginal diabetes sufferers. *The Lance, Community Newspaper*. P. 23, Being interviewed on December 21, 2004.
- June 17, 2004 *My Word!*, titled “Defining teamwork,” Research News, *The University of Manitoba Bulletin*, Volume 38, Issue 6, p. 11. May 14, 2004 (aired) Phone interview, *Radio CBC International, Scitech File*, which deals with the developments in science and technology in Canada. The show is broadcasted weekly over short-wave, satellite and the Internet to international audiences. Being interviewed on May 3, 2004.
- March 25, 2004 University researchers receive Rh Awards, Six researchers (including Dr. Iwasaki) recognized for exceptional innovation and dedication to their fields of study, *The University of Manitoba Bulletin*, Volume 37, Issue 21, p. 3.
- March 25, 2004 Newspaper article about 2003/2004 Rh Awards winners, *Winnipeg Free Press*, Page B6.
- December 10, 2003 Newspaper article about the success of a research team headed by Dr. Yoshitaka Iwasaki in receiving \$222,157 worth of funding for Aboriginal community-based research by Canadian Institute of Health Research (CIHR). *Winnipeg Free Press*, Page A6.
- December 9, 2003 Press release for an official announcement by the Honourable Anne McLellan, Minister of Health in the allocation of \$1.1 million for Aboriginal community-based health research projects including the project headed by Dr. Yoshitaka Iwasaki, *Canadian Institute of Health Research (CIHR)*.
- June 2003 E-mail communications with Patricia Curtis, Editor of Reader’s Digest, about a story regarding the healing power of hobbies for the September, 2003 issue of *Reader's Digest*.
- June 23, 2003 Phone interview with Patti Edgar, *Winnipeg Free Press* about gender differences in recreation for girls and boys.
- May 28, 2002 Phone interview with Miriam Schuchman, M.D. (State University of New York and University of Toronto) about roles of leisure and vacations as stress coping strategies (titled “Let stress take a holiday”) published in *Globe and Mail* (Print Edition, Page R6) on the health page in the review section

June 20, 1994 Representative for the University of Waterloo, Advertisement Photograph, *Maclean's* Special Issue: University 94, November 14 Issue, p. 65, Community Relations, Information and Public Affairs, University of Waterloo, Canada.

Professional Development:

January 2019-present LEAD (Leadership Excellence for Academic Departments) Program, San Jose State University

August 2018-present Chairs & Directors Training and Development Program, San Jose State University

April 30, 2021 2021 California State University (CSU) Department Chairs Forum (virtual)

February 5, 2021 2021 California State University (CSU) Department Chairs Forum (virtual)

September 11, 2020 2020 California State University (CSU) Department Chairs Workshop (virtual)

October 3, 2019 2019 California State University (CSU) Department Chairs Workshop, CSU Long Beach Campus

October 18, 2018 2018 California State University (CSU) Department Chairs Workshop, CSU Long Beach Campus

August 29-31, 2011 Academic Leadership Program, Staff Learning and Development, Human Resource Consulting Services, University of Alberta, Edmonton, Canada

Winter, 2002 WebCT Workshop Series (Six successive weeks; one and half hours each week), University Teaching Services (UTS) and Information Services and Technology's (IST) Classroom and Media Services, University of Manitoba, Canada

Fall, 1998 & Fall, 1999 Use of Peer Consultation Services, University Teaching Services (UTS), University of Manitoba

September 19, 1997 Teaching Workshop; Interactive Lecturing; Teaching Resources And Continuing Education (TRACE); University of Waterloo

June 13, 1997 Teaching Workshop; Designing a Course; TRACE; University of Waterloo

May 23, 1997 Teaching Workshop; Facilitating Effective Discussions; TRACE; University of Waterloo

April 10, 1997 Teaching Workshops; (a) Using Work Experiences of Co-op Students in Your Course, (b) Marking Groupwork, and (c) Public Speaking in the Classroom; TRACE; University of Waterloo

April 9, 1997 Teaching Workshop; Applying Learning Technologies: 3 Case Studies in AHS; Faculty of Applied Health Sciences; University of Waterloo

September 8, 1995 Workshop for Teaching Assistants; (a) Roles and Responsibilities of Teaching Assistants; (b) Faculty, Staff, and Graduate Student Interactions; and (c) Ethical Issues: Harassment and Grievance; Faculty of Applied Health Sciences; University of Waterloo